



Mount Abu Public School

Sector-5, Rohini

Newsletter Class VI-VIII Month- July & August

The true sign of intelligence is not knowledge but imagination

The world of imagination is boundless knowledge is the real clout which is a source of liberating information. Education is the premise of progress for every society. Mount Abu Public School, Sector -5 Rohini is an ideal institute that offers a holistic learning environment that integrates inquiry-based education in the classroom set up. It encompasses key learning areas that promotes investigations of global and challenging issues. The school is deeply committed for promotion of critical and creative thinking in the development of optimistic future visions and involves students and teachers working together; as each construct new understandings and compares their current ideas with those of the global community at large.

Glorious Moment For MAPIANS...

"Interaction is not just a matter of words but it means to exchange your thoughts with each other." Scouts and Guides of Mount Abu Public School visited the honorable prime minister of India SH. NARENDRA MODI Ji to celebrate Independence Day and Rakshabandhan with him at his residence. Mapians presented Rakhis and a greeting card to him and showed their trust and faith in him.



Accolades for the school head

The School Principal, Ms. Jyoti Arora was conferred with the "INSPIRING EDUCATORS" Award by Outdoor Education Research Team of Great Rockspurt Pvt. Ltd. for the remarkable initiatives and invaluable contribution undertaken for all round development of students.



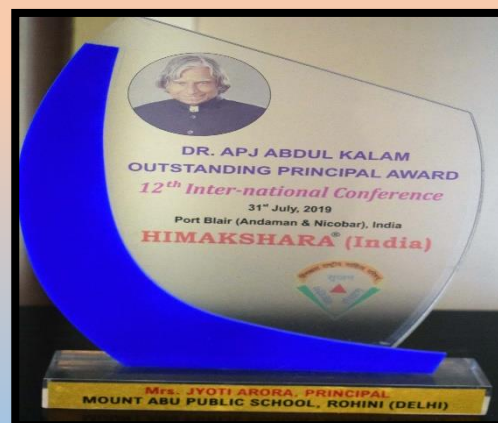
Winner Of Hindustan Times Pace - Cheering Team !

Proud moment for young MAPians for being felicitated with the Best Cheering Team in event, "Inquizitive" organised by Hindustan Times on 8th August 2019. This is the 5th time that the school students have received this honour for their unique and creative style of providing encouragement and motivation to the participants.



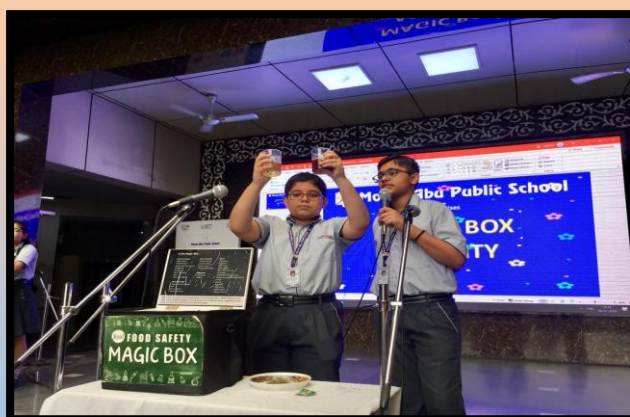
Dr. APJ Abdul Kalam Outstanding Principal Award

The school Principal, Ms. Jyoti Arora was felicitated with Dr. APJ Abdul Kalam Outstanding Principal Award for her commendable contribution in the Field of Education. The award is a benchmark of her relentless effort to ignite young minds towards creative and innovative ideas. Mount Abu fraternity feels honoured to have such an inspiring leader.



Healthy living through activity with magic box

Adulteration of foods has become a national issue. The problem is not only ignoring the human rights for safer food but also endangering public health seriously with numerous acute and chronic diseases. To sensitize the students about this issue MAGIC BOX activity was conducted on 16 July by the students of Mount Abu Public School. Magic box is a kit awarded to Mount Abu Public School by FSSAI for creating awareness among students about Food Adulteration and it's detection. This Kit contains all the chemicals and equipments required to detect the adulteration in the food sample. It can be used easily at home. The students of class 7 and 8 demonstrated how to detect the adulteration in commonly used food samples like honey, Milk, pulses, oil, salt, sugar, tea leaves, turmeric, black pepper, red chilly, peas etc using Magic Box. They also propagated the message to become healthy citizen of the country because "Healthy citizens can only make Healthy Nation."



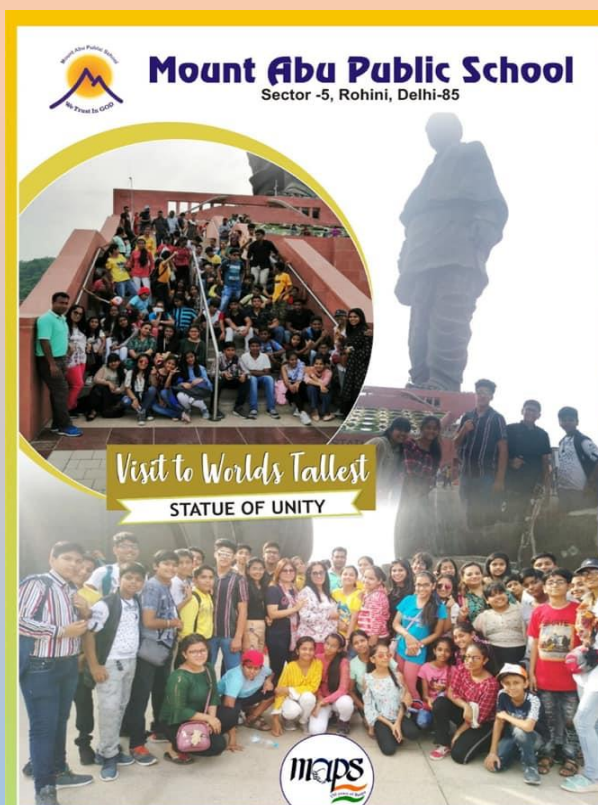
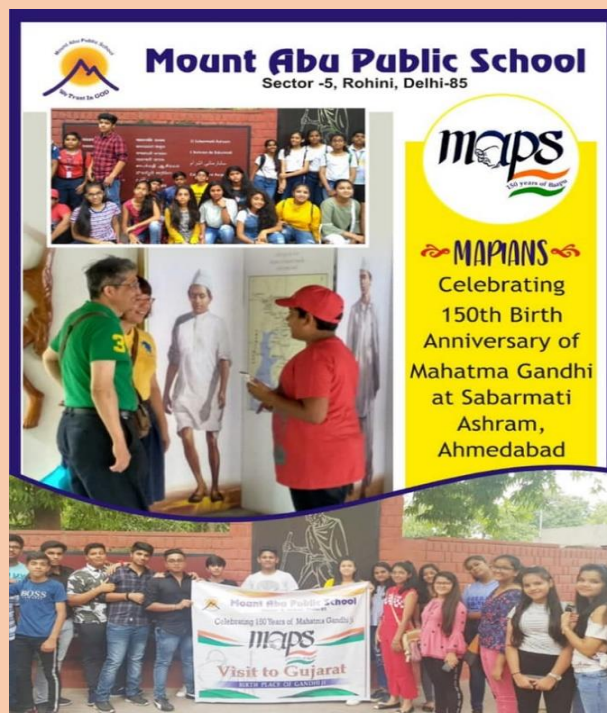
Proud moment for every Indian !!

Students of Mount Abu Public School witnessed History in Creation at Launch of Indias' Lunar mission "CHANDRAYAN 2" at Satish Dhawan Space Center, SriHariKota. India will become the fourth country to make a soft landing on the Moon's surface. Only the former Soviet Union, the US and China have been able to do so.



Trip to Ahmedabad Trip

Nothing better than visiting Sabarmati Ashram , Ahmedabad (Residence of Mahatma Gandhi) to commemorate 150th Birth Anniversary of Mahatma Gandhi Ji. The peace and calmness of this ashram still speaks of principles laid down by Mahatma Gandhi ji



Cleanliness Drive

Mount Abu Public School, Rohini organized Cleanliness Drive under Swachh Bharat Swasth Bharat Abhiyaan Programme on 17th July'19. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits. Under this programme, all the students' form class 6th had to participate. Even teachers were the essential part of this drive. As a part of this Cleanliness Drive, students had to clean few classrooms and corridors. The teachers of the school had to be the observers. Some of the students did the dusting of the rooms. And others went to the corridors and started picking wrappers lying scattered there. After collecting them they threw them in to the dustbins. The students enthusiastically took up brooms and garbage bags to clean up every nook and corner of the class rooms, corridors, and nearby areas. All the students were asked to wear face masks, head gears and gloves to avoid allergies. The whole drive was quite inspiring and motivating for the staff and students. The students realized that any work is best done when it is carried out by a person himself. It also made the students aware of the dignity of labour.



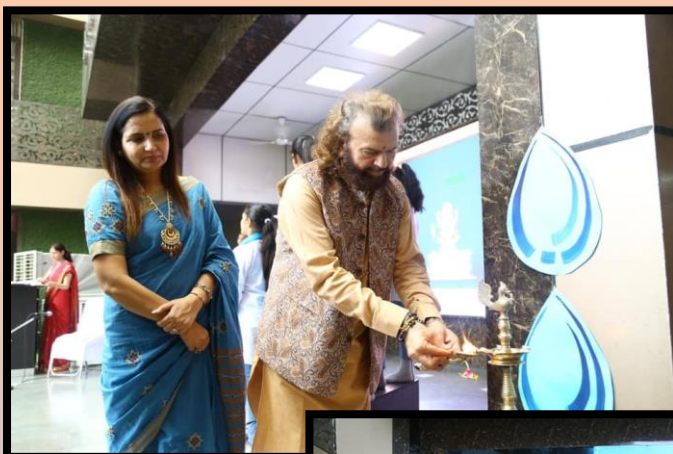
Expressions 2019 (Espressioni-Celebrating Indo-Italian Ties)

Continuing with its endeavors to spread the essence of internationalism among the young learners and making them confident global leaders of tomorrow, Mount Abu Public School, Sector 5 Rohini organized “Expressions-2019” on the theme Celebrating Indo-Italian ties in collaboration with Embassy of Italy on 20th July 2019, Saturday. The event witnessed a massive participation of around 1500 students from 50 reputed schools across the city.



Workshop on Water Conservation

To sensitize the children for the conservation of the important liquid of life, Water, Mount Abu School hosted a workshop on water conservation organized by Delhi Sahodaya Schools Complex in association with Smarth Yuva Bharat, an NGO working for raising the concern for social issues. The occasion was graced with benign presence of honorable Chief Guest Padmashree Hans Raj Hans, Member of Parliament, North West Delhi and gracious presence of Guests of Honor, Mr. Ajay Shukla, Chief Editor, Multimedia, ITV Network, Professor Sanjeev Naval, Head of Department Civil Engineering, DAV Institute of Engineering and Technology, Jalandhar, Mr. Vinit Mohan and Mr. Sukhdev and other members of Smarth Yuva Bharat, Professor M.M Sharma, renowned educationist and researcher at UNICEF along with Madam Alka Kapur, President Delhi Sahodaya Schools Complex and many Principals, Teachers and students from member schools of Delhi Sahodaya Schools complex. The workshop commenced with lighting of lamp followed by enriching talks by experts regarding the importance of conservation of water and as to how the depleting resource has affected the millions of lives all around the world. The participating students from different schools presented innovative ideas for conserving water & shared the same with the audience. The Hon'ble Chief Guest appreciated the efforts of Delhi Sahodaya Schools Complex and Smarth Yuva Bharat, NGO for the noble initiative and encouraged the students to come forward and raise their voice against wastage of water. Madam Jyoti Arora, Vice President Delhi Sahodaya Schools Complex, proposed the vote of thanks to the respected dignitaries for their kind presence. The event turned out to be very fruitful and enriching and left everybody with the thought diverted towards water and its conservation.



Independence Day celebration

Fifteen August, is a red letter day in the history of India. On this day in 1947, our country become free from the long imprisonment of the British rule. Since 1947, fifteenth August is celebrated every year with great joy and pride. It reminds us for the great struggle of our freedom from the British rule. The great sacrifice for our freedom fighters is remembered, which serves as a beacon light for the development of this great country. The main function is held at Red Fort in Delhi where the Prime Minister unfurls the National flag. It is an occasion of celebration for every Indian and the whole nation celebrate a holiday. The principal ma'am and chairman sir hosts the flag with head boy and head girl. Full school joined the event. The school fill up of patriotism and was speaking

“ jai hind, jai bharat, vande matram”

There were many acts of dance, orchestra, music, poem and preceded with flag hosting.



Aerobics Session By Times Of India

The students of class VI, VII and VIII attended a workshop that was conducted by team of The Times Of India. Mr. Gautam Kishan trained the students by performing a bunch of easy exercises that can be practiced at home as well. He emphasized on the importance of exercising on a regular basis and involved movement of each body part. Groovy music added the touch of fun and hence, the students enjoyed the session thoroughly.



Session on examination stress

Session on Examination Stress was conducted for classes VII -VIII on 7th July 2019. Resource person guided students about different methods to tackle stress during exam. She also guided about the importance of handwriting during examination. Students at the end were well equipped with information how to manage stress during examination.



Workshop by national activities championship

Team from National Activities Championship conducted session on indoor games on 8th August 2019. Students were guided well about indoor physical games. Different balancing activities were demonstrated to the students. They were guided how to become active participant by shooting their own videos & uploading on YouTube



Session on Astronomy

To create the awareness and to motivate the students in the field of astronomy, Mount Abu Public School conducted a session on astronomy on 27th August, 2019 for classes I – VIII. The session was conducted by Mr. Tarun Sharma, Training Incharge, SPACE Organisation primarily to attract the students for Astronomy and space research. Mr. Tarun started the session by quiz to reciprocate the facts of space science. The information about the workshops which are to be conducted in future were shared with the students. The session was interactive and found to be very interesting for the students and students are looking forward for more such sessions.



T-Shirt Designing

An activity of T-shirt designing for classes VII was conducted on 10 July 2019 on the theme- 'LIFE ON LAND'. The students brought A-3 size sheet, crayons, and sketch pens to present their T-shirts in a creative manner. The students were given about 30 minutes to design their T- shirts with logo on the other side and slogan on other. The students emphasized on saving our mother land-EARTH. Best three T-shirts were selected from each class. Further, the winners were chosen.



Environment Rally

On Wednesday, 31st July 2019, Our school organized an environment Rally. The motto of the rally was to spread awareness and make people conscious about the immediate need to save environment. The participants of this rally were students of classes 6th to 8th along with our respected teachers. Students were holding placards and attractive head gears. We were walking on the roads around our school, holding banners and wearing the colorful head gears and chanting various slogans. Slogans like “save Earth –save life “paryavaran ki raksha desh ki suraksha”. People were amazed to see us and were clapping for us in admiration. After about an hour of rallying and motivating people to save environment, we returned to our school. Upon reaching back we planted a sapling to conclude the drive. The rally motivated and inspired the people to care for environment.



GAJ MAHOTSAV

Gaj Mahotsav was an activity conducted for class 3rd -8th. For 6th

the topic was facts about elephants. This activity was done to make students aware about that elephants play a very important role for ecosystem and help for biodiversity. Elephants can make children know about importance of saving environment because elephants pull down trees and break up thorny trees. as a result they create grassland salt licks in order to make other animals lives easier to survive in their environment. they also dig in dry river beds. This way we should also learn caring and sharing.



Creativity is intelligence, pass it on to display board

Display boards is that it helps in visual learning, which helps the children remember what they have learnt for a longer period of time. Also, display boards make students proud to display their works

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Event	Venue	Participants	Position
Poster with Slogan Writing	Maharaja Agrasen Model School, Pitam Pura	Alfiya Akhtar	III
Upcycle	Bal Bharati Public School, Pitam Pura	Alfiya, Alisha	III

Co-Ordinator

Principal