



Mount Abu Public School

Sector-5 Rohini, Delhi

NEWSLETTER (XI-XII)

Month : September -October 2019

You can't touch it, but it affects how you feel. You can't see it, but it might be there when you look at yourself in the mirror. You can't hear it, but it's there when you talk about yourself or when you think about yourself.

What is this important but mysterious thing? It's your **self-esteem!**

Let us read a very motivational story....

A tired bird landed on a branch. The bird rested, enjoying the view from the branch and the protection it offered from dangerous animals. Just as the bird became used to the branch and the support and safety it offered, a strong wind started blowing, and the tree swayed with such intensity that it seemed the branch would snap in half.

But the bird was not worried for it knew two important truths. **The first truth** – even without the branch it was able to fly, and thus remain safe through the power of its own two wings. **The second truth** – it also knew that there are many other branches upon which it can temporarily rest.

This small story tells us a lot about our own self-confidence and courage. Throughout the forests of our own lives there are many so-called branches and trees on which we rely on. And while sometimes we do need recovery and shelter, we can also learn as we grow that these sources of safety do not always last – what is really lasting and permanent rests within us, in the form of positive self esteem and belief in our own unique abilities.

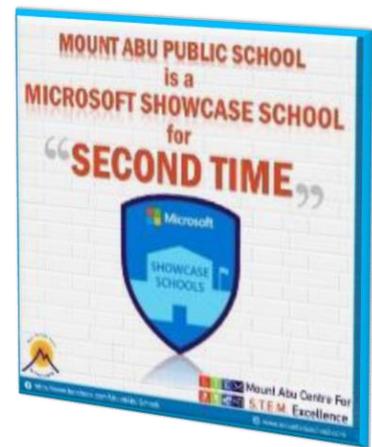
“If I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.”
Mahatma Gandhi

We at Mount Abu Public School strive to make educational experience of the students memorable, meaningful and relevant to the need of the time.

Here is a glimpse of the notable achievements for the month of
September-October, 2019

MICROSOFT SHOWCASE SCHOOL

Mount Abu School has been recognized as Microsoft Showcase School, an elite school as a change maker, globally recognized and celebrated for educational transformations through innovations and exclusive collaborative teaching learning process. The school exemplifies an ideal institution for growth of educators and students of 21st century.



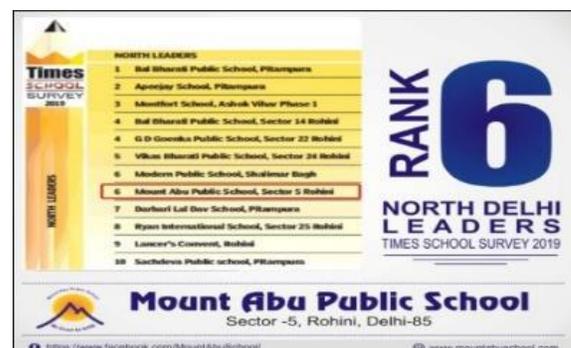
MOUNT ABU SHINES WITH 5TH RANK IN ALL INDIA GRAND JURY RANKING 2019-20

Another gem studded in the crown of glory of Mount Abu School for being Ranked 5 in the category of Best of Campus Architecture and Design in all India Grand Jury Rankings 2019 20 conducted by Education World. The entire school fraternity applauds for the magnificent achievement.



ANOTHER GEM STUDDED IN THE CROWN OF MAPS

Consistent effort with complete dedication and commitment towards duties and responsibilities is the benchmark of ultimate success and this is what Mount Abu is recognized and applauded for. Let's rejoice another success feather in the cap of Mount Abu for being at rank 6 of best



schools among the North Delhi Leader Schools in a survey conducted by highly acclaimed and esteemed Newspaper- Times of India.

GOLDEN GLORY AWARD 2019



The school has been felicitated with Golden Glory Award 2019 for the best of the infrastructure of CBSE affiliated school in Delhi.. The award boosts of the best infrastructure facilities provided to the students for imparting quality education in wake of the technological era. It's a matter of huge delight for all the members of the school for such big recognition which adds another accomplishment in the fame list.

THE PRINCIPAL APPLAUDED FOR BEING AN EMINENT SPEAKER

Principal Ms. Jyoti Arora was felicitated with a token of appreciation for being the Eminent Speaker in a India launch Event organized by STEMROBO TECHNOLOGIES Pvt Ltd in collaboration with Discovery Education International on 27 September in Delhi. It is a true reflection of her high level of intellectualism and knowledge worth acknowledging.



GLORIOUS ACHIEVEMENT AT GLOBAL PLATFORM

Mount Abu School is one of the first schools all across the globe to achieve 3 STEPS of GOLD LEVEL. Teach A Man to Fish, UK and School Enterprise Challenge has awarded Gold Level Award to Mount Abu Public School



for planning, setting up and running an innovative school business in School Enterprise

Challenge 2019. Exemplary display of Social Entrepreneurship by Team Mount Abu at Global Platform.

WOW SCHOOL AWARD BY EDUCATION TODAY

Mount Abu Public School has been awarded with India's Top 50 Prestigious Schools



- Jury Awards 2019 and has been recognized as "WOW School" by Education Today. This category is awarded to schools who have achieved an outstanding performance and can relate to anything that the school feel has created that WOW factor for the school. This award is designed to recognise the real stand out and

totally inspirational project by a school.

OATH TAKING CEREMONY

All the members of the Mount Abu School, including the Principal, Teachers and Students took the pledge for "Tree Plantation", "Water Conservation" and "No use of plastics" on 17 September 2019. The school is already actively engaged in promoting the spirit of water conservation by holding workshops and has the "zero tolerance zone for use of

plastics". The school also gifted the sapling to the teachers on the occasion of teachers day 2019 as a gesture to further spread the message of conservation of trees, a real tribute to the mother earth.



DEBATING SKILLS AT PEAK

Mount Abu Public School, Sector-5, Rohini hosted North Delhi round of BEHES, two days mega event by BEHES Organization on 4th and 5th October 2019. The event witnessed



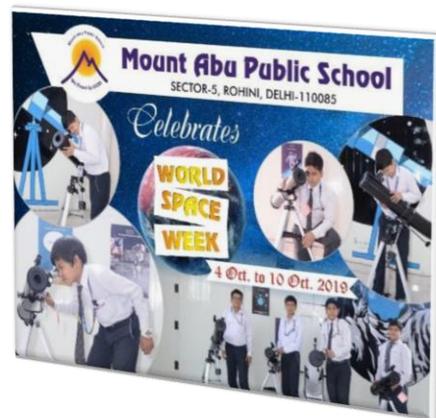
the presence of 165 participants from 15 reputed schools. The school Principal, Ms. Jyoti Arora welcomed all the enthusiastic participants, escorting teachers and the Behes Team headed by Mr. Salil, the founder. The first day of the event culminated with eagerness brimming in every participant's heart for semifinal and final on the second day. The Lions team of

Queens Valley School, Dwarka bagged the First Position and the team from the host school was the Runner up and was awarded with Medals and Trophy.

SPACE WEEK CELEBRATION

"Space travel is life-enhancing, and anything that's life-enhancing is worth doing. It makes you want to live forever".

The space is full of mysteries. It has been intriguing us since always. To unravel the mysteries of the space and to develop a zeal in the students for space exploration, a week long World Space Week



was celebrated at Mount Abu Public School. The week long celebration was inaugurated



on 4th October by India's youngest astronomer Mr. Aryan Mishra. Also students of Astronomy club researched, collaborated and put their minds together to conduct an amazing exhibition along with students work displayed at students corner. Since space celebration does not complete without gazing of stars, moon and planet therefore this event continued till late



evening of 10th October with students gazing the celestial bodies with telescope in the specially designed Astronomy Lab of the school. In the evening students of Astronomy club had a Skype session with “Dr. Henry Throop”, a scientist at the Planetary Science Institute, who served as Science Team Collaborator and worked in New Horizons mission.

INSTALLATION OF ROTARY CLUB

"Leadership is the key factor which ensures accomplishment of activities and tasks on time in a systematic way. "

Mount Abu Public School organised the “Installation Ceremony” for the members of



Interact club under Rotary mission on 23rd October, 2019. The event was graced by the dignitaries of the Rotary Club- Mr. Neeraj, Mr. Mohan Nagpal, Mr. Ashwani Bhalla and Mr. Anurag Bajaj. The event began with lighting of lamp ceremony by the School Principal and the esteemed dignitaries. The school Principal, Ms. Jyoti Arora addressed the gathering with her

inspirational words and guided all to serve the society to make it more prosperous. The Rotarians also highlighted the significance of the club and ignited the minds to put dedicated efforts to serve the mankind. The students of class XI were pinned up with designations to ensure that the club activities are carried on smoothly with an aim to create a better planet that resonates happiness and peace. Musical presentation on Literacy by the young students mesmerized everyone.



MOUNT ABU SCHOOL BECOMES THE TORCH BEARER FOR ANTI CRACKER DIWALI

To disseminate the message of making the environment clean from all the pollutants, Mount Abu School Sector-5 Rohini organized **ANTI CRACKER RALLY** on 25 October 2019, in association with Department of Environment, Govt. of NCT Delhi. The rally that was flagged off from Japanese Park, Rohini, Delhi witnessed a huge participation of more than 200



students from different reputed schools across Delhi who moved around in the vicinity to spread awareness about the importance of green and safe environment . The children dressed in the costume of crackers tried their best to sensitize the masses to celebrate the festival of Diwali in Eco Friendly manner by saying **NO TO CRACKERS** . The children chanted **Slogans ,Carried Placards and Banners** to further sensitize the people around to understand the vital importance of fresh air in the environment . The students also presented **Street Plays** highlighting the concept of **CRACKER FREE DIWALI AT both JAPANESE PARK COMPLEX AND UNITY MALL COMPLEX** which acted as a prompt for all to think and analyze their role in making the environment sustainable . The purpose of the school to organize the anti cracker

Rally was to make all realize their biggest responsibility on their shoulders i.e. to make life sustainable on earth and let the green planet retain its uniqueness in all forms.



CLEAN AND GREEN DIWALI



Mount Abu School celebrated **Clean and Green Diwali** with complete festive gusto. The day started with a special morning celebration wherein an 'inter-house Rangoli-making was conducted for the students to let them design wonderful designs in praise of Goddess Lakshmi. The children were involved in class decorations and candle and 'diya' decoration,

paper decoration, paper lanterns, best out of waste creations, flower arrangement, and card-making which were put on in an exhibition for all. The whole school performed Pooja of Goddess Lakshmi and Ganesh and chanted Arti. The students also presented some cultural items for making the celebration more entertaining and interesting. The Chairman Shri Dina Nath addressed the gathering and blessed all for a blissful Diwali. The Principal encouraged the children to celebrate eco friendly and safe Diwali.

Visit of Delegates from Partner School, UK



The School was privileged to celebrate the fruitful collaboration with partner school in UK when **Madam Faith and Madam Gill from St .Bede's Junior Catholic School, Partner school in United Kingdom, under the aegis of British Council visited the school .The event coincided with the celebration of National Unity Day which commenced by lighting of lamp of knowledge followed by Unity Day Song and National Song by the choir**

group of the school . In her inaugural speech, the Principal elaborated the significance of coordination in different body parts and then called upon the student fraternity to maintain the same integrity and unity while working at different levels. She asked them to work for unity of the nation within and outside.



The student speakers expressed their views on “**Contribution of Sardar Vallabh Bhai Patel for Unity, Safety and Security of India**”. It was followed by Oath Ceremony, wherein the students and teachers took a pledge to stand for Unity and Integrity of the country.

A cultural presentation on Folk dance of India was the most entertaining aspect of the celebration that enthralled all in depicting the rich diversity. The students also performed various **AASANAS of Yoga** to lay stress on maintaining a sound body, both mentally and physically fit . **The eminent guests from Partner school** appreciated the students for a wonderful show and their commitment to preserve the unity of the Nation. The students and teachers also conducted RUN FOR UNITY spreading the vital message of strength of unity among all.

WORKSHOP ON CAREERS IN HOSPITALITY

On 11th October a workshop on Careers in Hospitality was organized in association with EDUTV for the students of class XI ,XII which saw the participation of 13 schools and 126 students from various reputed schools. The session aimed at clarifying various doubts and myths related to the profession. The students were also briefed about the nuances of plating a dish. They got a chance to interact with the National Awardee for cooking Mr. Priyanshu Malik and took tips for healthy and tasty cooking. The session was a wonderful experience for all including the teachers.



WORKSHOP ON CREATING FIRST IMPRESSION

A workshop on Creating First Impression was conducted for the students of class XII



in association with Hindustan Times on 14th October 2019. The session emphasized the importance of communication skills, body language, personal hygiene, self confidence and enhancing inter personal skills to create lasting impression. The session was overall interactive and enriching.

UNIVERSITY FAIR

On 3rd October, University Fair was organised for the students of class XII on the topic “New Age Careers” in association with EduTV. The resource person was Mr. Krishanu Singh from Atria University, Bengaluru. He emphasized the importance of keeping oneself updated on various new Career options emerging in the today's scenario. The students were apprised of various new careers like Digital Transformation, Interactive Technologies etc. The students interacted with great enthusiasm and found the session an eye opener. v



SESSION ON MICROCHEMISTRY

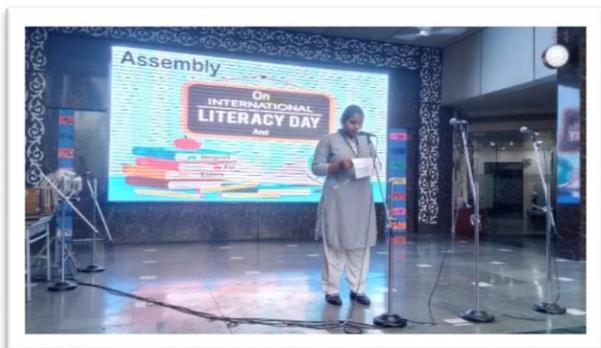
To sensitize the students for the conservation of environment and inculcating principles of Green Chemistry through the use of microscale laboratory, The school had organized a session on Microscale Chemistry conducted by a renowned personality Mr.





Hari Om Gupta, developer and innovator of micro labs. Students of class XII had hands on learning experience on all the experiments including qualitative analysis, quantitative analysis and electrochemical cell emphasizing on the importance of using microscale apparatus and precautions needed to be taken care of.

SPECIAL ASSEMBLY ON INTERNATIONAL LITERACY DAY AND RESPECT FOR ELDERLY



On 6th September, a Special Assembly was organised by the students of XI E on International Literacy Day and Respect for Elders. The assembly highlighted the need of spreading the message of the importance of literacy for individuals, communities and societies and the need

for intensified efforts towards more literate societies. The students also shared common and simple ways to Treat the Elderly With Respect and dignity. They highlighted that instead of treating our elders with the appreciation and respect they deserve, many are often either too busy or simply dismiss them and their contributions to their community and family which is very disheartening so we regard with dignity and respect.

INTER CLASS QUIZ ON SWACHH BHARAT ABHIYAN

To propagate the initiative taken by our honorable Prime Minister, a Swachh Bharat campaign has been organized all over the country. Our school organized a quiz on September 9,2019 with the idea of creating more awareness regarding the cleanliness drive. Students of class XI and XII actively participated and showcased their awareness



regarding the same. The main goal of Swachh Bharat Abhiyan is to make the people feel the responsibility of keeping the country clean. It is not only applicable to the cities

but even to the villages because we could avoid most of the diseases by keeping our surroundings clean.

ENGLISH OLYMPIAD AND SPELL VOCAB

To promote the right usage of English, the school organized the English Olympiad and Spell Vocab for the students of classes XI, XII. The competition intended to prepare the students for that competitive edge that they may encounter in future. The content of the test emphasized on communication and the use of correct grammar.



STUDENTS' ACHIEVEMENTS INTER SCHOOL COMPETITIONS

Date	Event	Venue	Participants	Result
23.10.19	MOLE DAY	Bal Bharati Public School	Maths Mystery of Element: Sumit Bansal, Ujjwal Gupta (XI) Coffee with E: Himanshi Samyal, Ritika Gilani(XI)	II Position in Coffee with E
18.10.19	MOEXUS JR' 19	Sri Guru Gobind Singh College of Commerce, Pitam Pura	Game Has No Name: Sabhay, Chhavi(XII) Money Heist: Puneet , Mansi(XII) Investflix: Siddhant, Shreya(XII) State at Stake: Ayush, Pranjali, Lakshay, Mazid(XII) Mangal Maya: Vansh, Kalash(XII)	I Position in Mangal Maya
12.10.19	IGNITE AND AXIOM 2019	D.P.S Dwarka	Chemion: Neetanshi Rohilla(XI) Problem Solving: Gandharv Walia (XII), Aryan Gupta (XI) Gone Nuclear: Sumit Bansal, Rohan Raj(XI) Pitch Perfect: Aryan Gupta, Kushagra Jarwal(XI) Aquajet: Shubham Gupta, Sumit Kumar Jha(XI) Diagnostic: Ridhi Rastogi, Prachi Kamewar(XII)	II Position in Chemion

4.10.19	Accolades	Venkateshwar Global School, Rohini	Science Exhibition (Senior): Shubham Gupta, Suraj Shrivastav(XI)	II Position
30.09.19	7th ASN Yamuna Wealth Inter School Cultural & Literary Fest- 2019 Gandhi - Ek Soch	ASN Sr. Sec. School, Mayur Vihar	Stamp Designing: Siya Giriwar (XI) Model Presentation: Aryan Gupta, Kushagra Jarwal (XI)	I Position in Stamp Designing and Model Presentation

Always looking to your heartfelt support and cooperation.

Thanks and regards

Principal

Sr. Coordinator