



Mount Abu Public School

Newsletter (November- December)

Class VI- VIII

“The secret of living a life of excellence is merely a matter of thinking thoughts of excellence”

Excellence is an opportunity to live our life to the fullest, to engage passionately in what matters and make a difference that few will experience in their lifetime.

In today’s world, excellence is what truly matters, and this matter needs to be brought out from within us.

We, at mount Abu Public School, always seek to do better; to challenge ourselves and our students to set the highest standards and achieve our ambitious goals and by working together only we have achieved so much.

We always want to create such learning environment in our school where all learners are valued and seen as capable of achieving desired outcomes, so we always begin with the belief that THEY CAN. We also believe that every student is unique in his or her strengths and challenges, and it is the role of the school to foster highly individualized learning in response to the student. We believe in empowering the students by inculcating the right kind of life skills as a response to present situation.

Well designed and well delivered activities and programmes can help the students to become more responsible, healthy and resilient and here is the glimpse of all the events that the school went through.

Highlights

School Achievements

Page 2 & 3

School activities

Page 4,5

Share for society

Page 6

Student Workshop

Page 7

Excursion

Page 8

Student of the Month

Reader of the Month

Page 9

Display Boards

Inter school results

Page 10

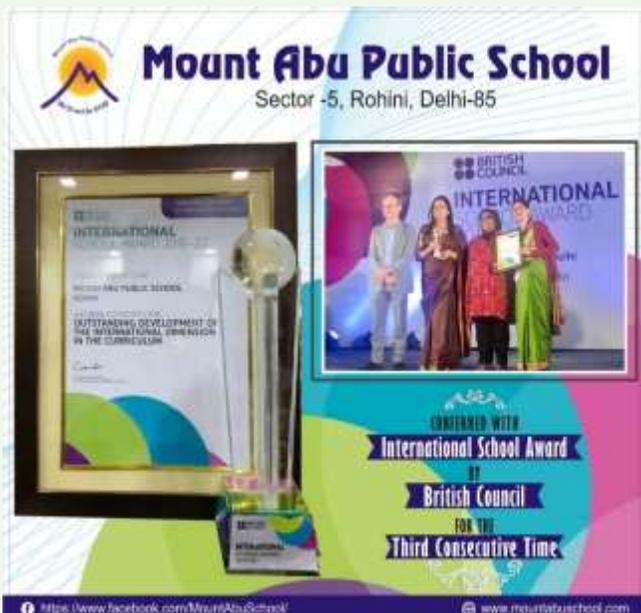


TIMES EDUCATION ICON AWARD

The school Principal Mrs. Jyoti Arora received the TIMES EDUCATION ICON AWARD for her exemplary leadership that inspires others to work collaboratively and creatively. Further, the school was ranked as 6 in Times School Survey North Delhi Leaders by the leading National daily, Times of India. The recognition is a testimonial of the school's endeavors to impart skills and knowledge that equips learners to be the global citizen and become champions of their own success.



INTERNATIONAL SCHOOL AWARD 2019-22



The School was conferred with prestigious International School Award by British Council at a grand ceremony organised in Delhi on 6th December 2019. The award is a recognition of the school's relentless efforts to incorporate internationalism in the curriculum and develop among students the global citizenship so that they march ahead with confidence in this interconnected and interdependent world. The award is a benchmark of incorporating among students an acknowledgement and appreciation of diversity that exists on this planet. This is the third consecutive time that the school has achieved this distinctive feat.

PRINCIPAL APPRECIATED FOR BEING AN EMINENT SPEAKER

The School Principal, Mrs. Jyoti Arora was an esteemed panelist at the highly prestigious 2nd School Innovation Summit launched by Sh. Manish Sisodia, Dy. Chief Minister & Education Minister, NCT Delhi. She enlightened the audience with her valuable thoughts and ideas on Paradigm Shift in Education in light of NEP - Road ahead for Indian School Education Ecosystem.



INNOVATIVE TEACHING - THE STRATEGIC LEARNING EXPERIENCE AT MOUNT ABU WINS LAURELS



Mount Abu Public School' is Ranked No.1 in India under the Top CBSE School - Parameter wise for "Innovative Teaching" in a survey conducted by Education Today. The award is a true reflection of the innovative ways of teaching employed by the faculty for making the subject more interesting and impactful. The felicitation of the school is another recognition the school got for its effort to bring revolutionary changes in the education field and making the teaching learning process better and trendy.

GLORIOUS ACHIEVEMENT AT STATE LEVEL

The School students won the first position at State Level Folk Dance Competition where they performed "Dhol Cholam" -Traditional Folk Dance from Manipur and emerged as Champions by outshining all the contestants. The students participated at National Level held in Bhopal. We all wished them good luck and success for all their effort.



CBSE NATIONAL LEVEL CHESS CHAMPIONSHIP 2019

Mount Abu Public School, Sector 5 Rohini hosts CBSE NATIONAL CHESS CHAMPIONSHIP 2019 FROM 9th November to 12 November 2019 wherein 700 participants from across the Nation and Gulf countries will compete. The inaugural day witnessed the presence of Distinguished Dignitaries Shri Anurag Tripathi IRPS, Secretary CBSE and Shri Sushil Kumar Jee, An Olympic Medalist & Padma Shree Awardee who graced the occasion with their benign presence along with Chairman of the School Shri D.N Arora, Managing Director Shri Bharat Arora, Manager Dr. Krishna Rawal, Members of SMC of the school and Principals from various reputed schools of Delhi. The day began with welcome song followed by March Past by participants to exhibit the essence of sporting skills. The esteemed guests administered the Oath for the children to keep alive the sporting talent and competitive spirit high in them. A video on history of chess in India was remarkable & left a deep impression on everyone mind. A chess dance highlighted the Game of chess as the ancient Game of India and its rich inheritance. The celebration also witnessed the Release of School Magazine "Sankalan" by the eminent guests. The "Sankalan" highlights the school as a promoter of UNSDGs in which physical wellbeing is an important agenda.



U14(T10) GIRLS CRICKET TOURNAMENT KICKED OFF AT MOUNT ABU SCHOOL

Mount Abu School Sector-5 Rohini became the first School in Delhi to be the proud organizer of U-14 Girls Cricket Tournament. The four day event from 18 December to 21 December 2019 was inaugurated on 18 December 2019 in the benign presence of eminent cricketers Mr. Sarvan Gupta, Ms. Manjeet Kaur and Ms. Neha Chhillar who are the famous icons in the cricket field and have brought laurels to the Nation by producing famous cricketers and leaving a mark in the Ranji Trophy Cricket.



CELEBRATION OF NATIONAL MILK DAY

India is the largest producer of milk in the world and celebrates National Milk Day on November 26th. This day marks the birth anniversary of Verghese Kurien, the Father of White Revolution in India and founder of Amul Milk. A Quiz contest organised by Amul focussed on history of milk production in India and importance of milk in our diet. All the nutrients required in a healthy and balanced diet are contained in milk. And it's not just milk, many other products made from milk like ghee, cottage cheese and yogurt satisfy the taste buds and add essential nutrients to the body as well.



SAMVIDHAN DIWAS

The school celebrated **SAMVIDHAN DIWAS** - celebrating 70th anniversary of the adoption of the constitution of India on 26th November 2019 with full gusto and enthusiasm. The day started with the Special assembly of the students in which the honourable PM Modi's message was shared with the students. The students took the pledge of keeping the country united and feeling proud of our heritage, showing respect towards fellow countrymen. The Vice head girl read the Fundamental

Duties of the Constitution and the Vice head boy read the Preamble of the constitution. The school Principal addressed the students to become dutiful citizens, students and children.



EK AAS EK PRAYAS..... A NOBLE INITIATIVE

Under the school's noble initiative, Ek Aas Ek Prayas, this month the students collected woolen socks, gloves and caps. The collection was distributed on 28th January 2019 among the underprivileged people. Students got an opportunity to lend a helping hand to the needs of underprivileged ones. The act of giving made the students glow with joy as a little contribution from their side to the needy.



CHRISTMAS DAY CELEBRATION

Christmas Day activity was conducted on 24th December in all the classes from VI-VIII wherein the students made very beautiful and attractive cards, candle stand, Santa mask and Santa Cap. All the students participated enthusiastically in this activity and had a lot of fun. All these things were displayed on the creative corners in each class.



FIT INDIA WEEK CELEBRATION

To carry forward the spirit of "Fit India" the vision of Honorable Prime Minister and disseminate the message of being fit through "FIT INDIA WEEK" programme, an initiative taken up by the Central Board of Secondary Education, CBSE, Mount Abu School will celebrate the Fit India Week commencing from 5th December 2019 to 11 December 2019 wherein a plethora of activities will be carried out to create mass awareness on the fitness issue with the prime objective of the program to indulge school children in active field time than passive screen time. All the activities planned for the children to perform during the week long celebration are focused around the concept of staying fit through sports and fun filled activities. The celebration on the first day of the week commenced with performance of some common physical exercises like Aerobics by the students from class Pre School to XII and teachers followed by different activities at different levels.



SESSION ON ADOLESCENCE RELATED ISSUES OF GIRLS

To make the girls more informed, Active and Stronger to face the changes that constantly occur in life, UNICHARM INDIA PRIVATE LIMITED conducted a session for the teen age girls from class VI to VIII on 27 November 2019 wherein the resource person, Gummaluri Anuradha gave valuable tips to confront the physiological and emotional changes that occur during the process of Menstruation. She advised the girls to be strong enough to handle this important phase of life and take it happily as it comes. She briefed the children about what all symptoms indicate the commencement of the cycle and how it effects the body, both physically and emotionally and what precautions one must take during those days. She also talked about the major issue of maintaining hygiene during those days which is very important to pay attention to as any careless move can lead to serious problems later on. She gave an eye opener talk on how various myths are related to this stage of life and how one must get rid of such myths. She interacted with the girls well wherein girls got their queries solved and felt happy to gain knowledge about everything associated with their life. In all, the session was very fruitful as the girls could get the chance to come out of their self made shells of hesitation and talked freely about their feelings and attached fears.



GO ECO FRIENDLY

To sensitise the students about the after effects of Global Warming a workshop was conducted at Mount Abu Public School, Sector 5, Rohini on 23rd November for classes V to VIII by Sharp NGO wherein the resource person, Smriti Jagran urged the students to go digital and save trees to promote sustainability. The students participated in quiz, slogan writing and poster making. The winners were awarded with portronic pads and certificates. The students promised to practically be a part of solution rather than debate or discussion for saving paper and safeguarding environment.



TREE PLANTATION



A small contribution of Mount Abu School Family to fight against pollution. To protect the environment for future generation, teachers of the School, planted more than 100 plants in a park near Sector -18 Rohini. Staff also promoted car pooling and public transport usage during these days,

as a small gesture to fight against deadly pollution when Delhi air is towards emergency. The school strongly believes and urges to every citizen of the country to do a bit to protect environment.



VISIT TO ROCKSPORT



STUDENT OF THE MONTH

CLASS	NOVEMBER	DECEMBER
VI A	Shaurya Pahal	Geet Kaur
VI B	Shivom Mirg	Mehul Jain
VI C	Aaditi Dash	Bhavyakriti
VI D	Kartik Goyal	Mehak Verma
VII A	Atishay Jain	Sameer Singh Jaggi
VII B	Sahajleen Kaur	Rishika
VII C	Vidisha	Abhishek Kalsania
VII D	Manan Jain	Yashu Sharma
VIII A	Tejasvi Jain	Kartik Aggarwal
VIII B	Vansh Sharma	Samridhi
VIII C	Tanu Jha	Rahini Gupta
VIII D	Mehak Verma	Radhika Sachdeva

READER OF THE MONTH

CLASS	NOVEMBER	DECEMBER
VI A	Amrita	Atishay
VI B	Khushi Tanwar	Saksham Aggarwal
VI C	Charvi	Tani Goyal
VI D	Grishma Dogra	Kartikey Srivastava
VII A	Mohnish Giridhar	Arnav Chauhan
VII B	Tanishka Sharma	Aadit
VII C	Avni	Tiya
VII D	Aastha Jha	Yati Sharma
VIII A	Tejasvi Jain	Geetanshi Kautilya
VIII B	Meet Bhatia	Aryan Drall
VIII C	Tripti Gangwal	Yahika
VIII D	Gaurav Mothsara	Harshit

ACHIEVEMENTS

1. Tuesday, November 26, 2019

Name of Event : Darshan Fiesta 2019

Venue: The Darshan Academy

Information : Sciencephoria: Vishesh(VII), Aryan Shrivastava (VIII)

Result: I Position in Sciencephoria,

2. Friday, November 8, 2019

Name of Event : AVIM- SAE India

Venue: Maruti Suzuki Training Academy, Sector-28, Gurgaon

Information : Manas Sahu, Udit Pathak, Nitya Gahrotra, Kartikeya (VI)

Result: Prize for Cleanliness of the Project and Discipline in the Team

CREATIVE CORNER



Created by: Gaurav Mothasara, Kuhagr Ittan

Edited by: Ms. Rabia Khan

Principal

Co-ordinator