PREFACE

"The goal of education is the advancement of knowledge and dissemination of truth" — Joh F Kennedy

The real objective of education is to enrich the lives of students and create articulate and expressive thinkers who are socially responsible, resilient, and active citizens of the world. Education is about teaching students, not subjects making them lifelong learners. Engaging students in their learning, and maximizing the potential of each and every child is the real purpose of education. Looking beyond the child's intellect and focussing upon the holistic grooming is the focus of the school. Making learning as a life long journey is the very purpose of education for which the institution is committed for.

OBJECTIVES OF CURRICULUM

- This curriculum is aimed at building the faculty of reasoning and channeling the thoughts into productive learning.
- Give the opportunity to maximize the pupil's potential.

"The function of education is to teach one to think intensively and critically. Intelligence plus character, that is the goal of true education"

—Martin Luther King Jr.

Class-XI

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DATE SHEET 2017-18 FIRST TEST SERIES (June — July)				
Tuesday	27.06.17	Maths/IP/Phy.Edu./Biology		
Wednesday	28.06.17	B.St./Chemistry/Psychology		
Thursday	29.06.17	English		
Friday	30.06.17	Optional/Economics		
Saturday	01.07.17	Physics/Account./Pol.Science		
SECOND TEST SERIES (August)				
Day	Date	Subject		
Tuesday	08.08.17	English		
Wednesday	09.08.17	Physics/Account./Pol.Science		
Thursday	10.08.17	Optional/Economics		
Friday	11.08.17	Maths/IP/Phy.Edu./Biology		
Monday	14.08.17	B.St./Chemistry/Psychology		
PTM : 26th August 2017				
	HALF-YE	EARLY (September)		
Day	Date	Subject		
Monday	11.09.17	English		
Wednesday	13.09.17	Physics/Account./Pol.Science		
Friday	15.09.17	Optional/Economics		
Monday	18.09.17	Maths/IP/Phy.Edu./Biology		
Wednesday	20.09.17	B.St./Chemistry/Psychology		
		14th October 2017		
MOCK ANNUAL EXAM (January)				
Day	Date	Subject		
Tuesday	09.01.18	B.St./Chemistry/Psychology		
Friday	12.01.18	English		
Monday	15.01.18	Physics/Account./Pol.Science		
Thursday	18.01.18	Optional/Economics		
Monday	22.01.18	Maths/IP/Phy.Edu./Biology		
		29th January 2018		
ANNUAL EXAM				
Day	Date	Subject		
Monday	14.02.18	English		
Saturday	17.02.18	Physics/Account./Pol.Science		
Tuesday	20.02.18	Optional/Economics		
Friday	23.02.18	Maths/IP/Phy.Edu./Biology		
Monday	26.02.18	B.St./Chemistry/Psychology		
		: 12th March 2018		

ENGLISH

Prescribed Books:

Hornbill - Text book in English For Class XI

(Core Course) NCERT

Snapshots: Supplementary Reader in English for class XI

(Core course) NCERT

Novel: 'The Canterville Ghost' by Oscar Wilde

Reference Book : BBC Resource Book

APRIL-MAY

Hornbill : L-1 The Portrait of a Lady

P-1 A Photograph

Snapshots : L-1 The Summer of the Beautiful White Horse

Novel : L-1, 2

Grammar : Determiners, Tenses

Writing Skills : Notice Writing, Advertisements

Reading Skill : Note Making, Summary

JULY

HORNBILL : L-2 We are not Afraid to Die... Together

P-2 The Voice of Rain

Snapshots : L-2 The Address

Grammar : Error correction, Modals

Writing Skill : Business Letters-letters of enquiry, reply,

placing an order, cancellation

Job letter application

Reading Skill : Comprehension passage

AUGUST- SEPTEMBER

HORNBILL : L-3 Discovering Tut.... The Saga Continues

P-3 Childhood

Snapshots : L-3 Ranga's Marriage

Novel : L-3, 4

Grammar : Reported Speech , Reordering of sentences

Writing Skill : Poster making, Complaint Letter, Article

Writing

Reading Skill : Note making and summary

OCTOBER - DECEMBER

HORNBILL : L-4 The Ailing Planet

L-5 The Browning Version

P-4 Father To Son

Snapshots : L-4 Albert Einstein at School

L-5 Mother's Day

L-7 Birth

L-8 The Tale of Melon city

Novel : L- 5, 6, 7

Grammar : Active Passive Voice

Sub Verb Agreement

Editing: Omission Exercises

Writing Skill : Letter to the Editor, school/college authorities,

Speech Writing, Report Writing

Reading Skill : Unseen Comprehension- poem, passage

Note Making, Summary JANUARY-FEBRUARY

HORNBILL : Revision of all the lessons covered Snapshots : Revision of all the lessons covered

Novel : Revision Grammar & Writing Skills

: Revision of all the topics

Reading : Note Making, Summary, comprehension

practice

I Test Series

Hornbill : L-1, P-1
Snapshots : L-1
Novel : L-1, 2

Grammar : Determiners , Tenses, Reordering of sentences

Writing Skills : Notice Writing, Classified and display

Advertisements

Reading Skill : Note Making, Summary

II Test Series

HORNBILL: L-2, P-2
Snapshots: L-2
Novel: L-1,2

Grammar : Error correction, Modals

Writing Skill : Business Letters-enquiry, reply, placing order,

cancellation, Job letter application

Reading Skill : Comprehension passage

Half Yearly Exam

HORNBILL: L-1,2,3

P-1,2,3

Snapshots : L-1,2,3 Novel : L-1-4

Grammar : Reordering of sentences, Determiners, Tenses,

Reported speech, Error correction, Modals

Writing Skill : Notice Writing, Poster making, Classified

Advertisements, Job letter application, Business Letters, Article Writing

Reading Skill : Unseen Comprehension Passage, Note making

and Summary

Mock Annual Exam

HORNBILL : Whole syllabus Snapshots : Whole syllabus

Novel: L-1-7

Grammar : All the topics covered

Writing Skill : All the topics mentioned above

Reading Skill : Unseen Comprehension Passage, Note making

and summary

Annual Examination

Whole syllabus

-MATHEMATICS-

Course Book : Mathematics Text Book NCERT

Reference Book : 1. NCERT EXEMPLAR

Practice Manual: (MOUNT ABU PUBLIC SCHOOL)

APRIL - MAY

Chapter 3 : Trigonometric Functions

Chapter 5 : Complex Numbers and Quadratic Equations

Chapter 4 : Principle of Mathematical Induction

Chapter 1 : Sets

JULY - AUGUST

Chapter 2 : Relations and Functions

Chapter 6 : Linear Inequalities

Chapter 7 : Permutations and Combinations

Chapter 8 : Binomial Theorem

Chapter 9 : Sequences and Series (till Geometric Progression)

SEPTEMBER - OCTOBER

Chapter 9 : Sequences and Series (cont.)

Chapter 10 : Straight Lines
Chapter 11 : Conic Sections

NOVERBER - DECEMBER

Chapter 12 : Introduction to Three Dimensional Geometry

Chapter 13 : Limits and Derivatives

Chapter 16 : Probability

JANUARY

Chapter 05 : Continuity and Chain Rule (class XII)

Term Wise Syllabus

First Test Series : Chapters – 1, 3, 4 and 5

Second Test Series : Chapters – 1 to 6
Half Yearly Examination : Chapters - 1 to 8
Mock Pre Board : Full Syllabus

Final Exams : Full Syllabus

-INFORMATICS PRACTICES-

Text Book : Informatics Practices by CBSE

APRIL - MAY

Chapter 1 : Hardware concepts

Chapter 2 : Software concepts & productivity tools

JULY - SEPTEMBER

Chapter 3 : Information Security and Social Networking

Chapter 4 : Getting started with IDE Programming

Chapter 5 : Programming Fundamentals

Chapter 6 : Control Structures

OCTOBER - NOVEMBER

Chapter 7 : Programming Guidelines

Chapter 8 : Introduction to My SQL

DECEMBER - FEBRUARY

Chapter 9 : My SQL

Chapter 10 : Functions in My SQL

Chapter 11 : Sample Applications – Case Studies

Term Wise Syllabus

I Test Series : Chapter 1, 2 II Test Series : Chapter 1, 3, 4

I Term : Chapter 1, 2, 3, 4, 5, 6

Final Exam : Entire syllabus

-COMPUTER SCIENCE-

Text Book : Computer Science by Sumita Arora

APRIL - MAY

Chapter 1 : Computer Overview

Chapter 2 : Working with operating system
Chapter 4 : Input, output and Memory Devices

Chapter 5 : General OOPS concepts

JULY - SEPTEMBER

Chapter 6 : Getting started with C++

Chapter 7 : Data Handling

Chapter 8 : Operators & Expressions in C++

OCTOBER - NOVEMBER

Chapter 9 : Flow of Control

Chapter 10 : Standard Library Function

DECEMBER - FEBRUARY

Chapter 11 : User defined Functions

Chapter 12 : Array

Chapter 13 : Structures

Chapter 14 : Progrmming Methodology

Term Wise Syllabus

I Test Series : Chapter 1, 2

II Test Series : Chapter 1, 2, 4, 5

I Term : Chapter 1, 2, 4, 5, 6, 7, 8

Final Exam : Entire syllabus with practical

-PHYSICS-

Course Book : N.C.E.R.T.

Reference Book : Simplified Physics by S.L. Arora

Practice Manual : Mount Abu Public School

Practical Book : Together with Physics Practical

APRIL - MAY

Chapter 1 : Physical World

Chapter 2 : Units and Measurement Chapter 3 : Motion in a straight line

JULY - AUGUST

Chapter 4 : Motion in Plane Chapter 5 : Laws of Motion

Chapter 6 : Work, energy and power

Chapter 7 : Rotational Motion and system of particles

Chapter 8 : Gravitation

Chapter 9 : Properties of Matter - Solid

SEPTEMBER – DECEMBER

Chapter 10 : Properties of matter – Fluid Chapter 11 : Thermal properties of matter

Chapter 12 : Thermodynamics

Chapter 13 : Kinetic Theory Of Gases

Chapter 14 : Oscillation. Chapter 15 : Waves

TERM WISE SYLLABUS

First test series : Chapter 1,2,3
Second test series : Chapter 4,5,6
Third test series : Chapter 1 to 9
Mock Annual Exam : Full Syllabus
Annual Exam : Full Syllabus

-CHEMISTRY-

Textbooks: 1. Chemistry Part -I, Published by NCERT

2. Chemistry Part -II, Published by NCERT

Recommended Reference Books:

1. Comprehensive Chemistry by Dinesh's Publication

2. Fundamentals of Chemistry by Pradeep's Publication

Practice Manual

First Test Series (June-July)

Unit I : Some Basic Concepts of Chemistry

Unit II : Structure of Atom

Practicals

- Characterization and Purification of Chemical Substances
 Crystallization of an impure sample of any one of the following:
 Copper sulphate.
- 2. Qualitative Analysis

Preparation of standard solution of oxalic acid.

Determination of strength of a given solution of sodium hydroxide by titrating it against standard solution of oxalic acid (microanalysis).

Preparation of standard solution of sodium carbonate.

Determination of strength of a given solution of hydrochloric acid by titrating it against standard sodium carbonate solution (microanalysis).

Second Test Series (August)

Unit III : Classification of Elements and Periodicity in

Properties

Unit IV : Chemical Bonding and Molecular structure

Unit V : States of Matter: Gases and Liquids

Unit VIII : Redox Reactions

Half Yearly Examination (September)

Unit VI : Thermodynamics

Unit VII : Equilibrium (Till Le- Chatelier's principle)

Practicals

Experiment based on pH

- * Determination of pH of some solutions obtained from fruit juices, varied concentrations of acids, bases and salts using pH paper or universal indicator.
- * Comparing the pH of solutions of strong and weak acids of same concentration.

Quantitative Estimation

* Determination of one anion and one cation in a given salt Anions- CO_3^{2-} , S^{2-} , SO_3^{2-} , SO_4^{2-} , NO^{2-} , NO^{3-} , CI^- , Br^- , I^- , $C_2O_4^{2-}$, CH_2COO^-

Cations- NH, +, Pb2+, Cu2+, A13+, Fe3+

Mock Annual Examination (January)

Unit VII : Equilibrium(contd)

Unit IX : Hydrogen

Unit X : s-Block Elements (Alkali and Alkaline Earth

Metals)

Unit XI : Some p-Block Elements

Unit XII : Organic Chemistry - Some Basic Principles and

Technique

Unit XIII : Hydrocarbons

Unit XIV : Environmental Chemistry

INVESTIGAORY PROJECTS

Scientific investigations involving laboratory testing and collecting information from other sources.

A Few suggested Projects

- * Checking the bacterial contamination in drinking water by testing sulphide ion.
- * Study of the methods of purification of water.
- * Testing the hardness, presence of iron, fluoride, chloride etc. Depending upon the regional variation in drinking water and study of causes of presences of these ions above permissible limit (if any).
- * Determination of the rate of evaporation of different liquids.

-BIOLOGY-

First Test Series (15%) April — May

Chapter 1 Living World

Chapter 2 Biological Classification

Chapter 5 Morphology of Flowering Plants

Chapter 16 Digestion in humans

Second Test Series (25%) July

Chapter 17 Respiration

Chapter 11 Transportation in plants

Chapter 12 Mineral Nutrition

Chapter 8 Cell

Chapter 7 Structural organizations in animals

For Half Yearly (50%) August — September

Chapters in Test Series 1 + in Test Series 2

Chapter 3 Plant Kingdom

Chapter 18 Body fluids and circulation

October — December

Chapter 4 Animal kingdom

Chapter 6 Anatomy in flowering plants

Chapter 9 Biomolecules

Chapter 10 Cell Cycle and Division
Chapter 13 Photosynthesis in Plants
Chapter 14 Respiration in plants
Chapter 15 Growth and development

Chapter 19 Excretory Products and Elimination

January

Chapter 20 Locomotion and Movements

Chapter 21 and Chapter 22

Final Exams (100%)

-ACCOUNTANCY-					
Course book	: T.S Grewal,NCERT				
Reference book	: V. Wason, D. K Goel, Practice Manual				
Project	: To be covered during the session 2017-18				
APRIL-MAY					
PART-A	Financial Accounting-I				
Unit 1	Theoretical Framework				
Ch.1	Introduction to Accounting				
Ch.2	Basic Accounting Terms				
Ch.3	Theory Base of Accounting and Accounting Standards				
Ch.4	Process of Accounting & Basis of Accounting				
Unit 2	Accounting Process				
Ch.5	Accounting Equation				
Ch.6	Accounting Procedure – Rules of Dr.& Cross.				
Ch.7	Business Transactions- Vouchers				
Ch.8	Journal and Ledger				
JULY-AUGUST	-SEPTEMBER				
PART-A					
Ch.9	Special Purpose Book 1 – Cash book				
Ch.10	Special Purpose Book II- Other Book				
Ch.11	Trial Balance				
Ch.12	Bank Reconciliation Statement				
Ch.13	Depreciation				
Ch.14	Provision & Reserve				
Ch.15	Bills of Exchange				
Ch.16	Rectification of Errors				
OCTOBER-NOVEMBER					
PART-B	Financial Accounting -II				
Unit 3	Financial Statement of Sole Proprietorship				
Ch.17	Financial Statement of Sole Proprietorship				
Ch.18	Adjustment in Preparation of Financial Statement				
Ch.19	Accounts from Incomplete Records				
Unit 4	Financial Statement for Not for Profit Organisations				
Ch.20	Financial Statement for Not for Profit Organisation				

DECEMBER

Unit 5 Computer in Accounting

Term wise Syllabus

First Test Series Ch 1-8 (Part-A)
Second Test Series Ch- 9-12 (Part-A)
Half yearly Examination Ch-9-16 (Part-A)
Mock Annual Examination Full Syllabus
Annual Examination Full Syllabus

Unit -wise Marking Scheme for Annual Exam

Part A Financial Accounting-I

1. : Theoretical framework
 2. : Accountings Process
 35 M

Part B Financial Accounting-I

Financial Statements of Sole proprietorship 15M
 Financial Statements of Non-profits 15 M
 Computers in Accounting 10 M
 Part C Project Work 10 M

Total 100 M

-BUSINESS STUDIES-

Course Book : N.C.E.R.T.

Reference Book: Business Studies by G.S.Alag and Subhash Dey

Practice Manual: Mount Abu Public School

Project : Project to be covered during the winter break

APRIL - MAY

Chapter 1 : Nature and Purpose of Business Chapter 2 : Forms of Business Organization

JULY - AUGUST

Chapter 2 : Forms of Business Organization (cont.)
Chapter 3 : Public, Private and Global Enterprises

Chapter 4 : Business Services

Chapter 5 : Emerging Modes of Business

SEPTEMBER - OCTOBER - NOVEMBER - DECEMBER

Chapter 5 : Emerging Modes of Business (Cont.)
Chapter 6 : Social Responsibility of Business

Chapter 7 : Sources of Business Finance

Chapter 8 : Small Business
Chapter 9 : Internal Trade

Chapter 10 : International Business

TERM WISE SYLLABUS

First test series : Chapter 1, 2
Second test series : Chapter 1,2,3
Third test series : Chapter 1 to 5
Mock Annual Exam: Full Syllabus.
Annual Exam : Full syllabus

	-ECONOMICS-			
Course Book	: Book-1 NCERT			
Book-2 Sandeep	Garg			
Book-1	: Indian Economic Development			
Book-2	: Introduction to statistics			
Project	: To be part of summer vacation			
	APRIL- JULY			
Book -1	Indian Economic Development			
Ch-1	Indian Economy on the eve of Independence			
Ch-2	Indian Economy (1950-1990)			
Ch-3	New Economic Reforms			
Book-2	Introduction to statistics			
Ch-1	Introduction			
Ch-2	Collection of Data			
Ch-3	Organisation of Data			
Ch-4	Presentation of Data			
	AUGUST-SEPTEMBER			
Book -1	Indian Economic Development			
Ch-4	Poverty			
Ch-5	Human Capital Formation			
Book-2	Introduction to statistics			
Ch-5	Measures of Central Tendency			
Ch-6	Measures of Dispersion			
OCTOBER-NOVEMBER				
Book-1	Indian Economic Development			
Ch-6	Rural Development			
Ch-7	Employment			
Ch-8	Infrastructure			
Book-2	Introduction to statistics			
Ch-7	Correlation			
	DECEMBER-JANUARY			
Book -1	Indian Economic Development			
Ch-9	Environment and Sustainable Development			
Ch-10	Comparative Development Experiences of India and			
	its neighbours			
Book-2	Introduction to statistics			

Index Numbers

Ch-8

Marking Scheme

Part A: Statistics for Economics

1. Introduction (13 marks)

2. Collection, Organisation and Presentation of Data

3. Statistical Tools and Interpretation (27 marks)

Part B: Indian Economic Development

4. Development Experience (1947-90) and

Economic Reforms since 1991 (12 marks)

5. Current Challenges facing Indian Economy (20 marks)

6. Development Experience of India -

A Comparison with Neighbours (8 marks)

Theory Paper (40+40) (80 marks)

Part C : Project Work (20 marks)

TEST SERIES

1st Test Series : Book-1 Ch-1,2

Book-2 Ch-1,2

Half Yearly Exam : Book-1 Ch-1,2,3,4,5

Book-2 Ch-1,2,3,4,5,6

2nd Test Series : Book-1 Ch-1,2,3

Book -2 Ch-1,2,3,4

Final Term : Whole syllabus

-POLITICAL SCIENCE-

Course Book : Political Science NCERT : Book 1 & 2

Ref. Book : School Practice Manual

APRIL-MAY

Indian Constitution at Work:

L-1 Making of the Constitution
L-9 Constitution as a living document

L-10 Philosophy of the Constitution

L-2 Fundamental Rights

JULY-AUGUST

Political Theory:

L-1 Political Theory

L-2 Freedom
L-3 Equality
L-4 Social Justice
Indian Constitution at Work :

L-3 Election and Representation

L-4 Executive in Parliamentary System

OCTOBER-NOVEMBER

Political Theory:

L-5 RightsL-6 CitizenshipL-7 NationalismL-8 Secularism

L-9 Peace

L-10 Development Indian Constitution at Work :

L-5 Legislature at the central and state level

L-6 Judiciary L-7 Federalism

L-8 Local Government

Test Series

Ist Test Series

Indian Constitution at work: L-1, 9, 10

IInd Test Series

Political Theory : L- 1, 2, 3

Half-Yearly Syllabus

Political Theory : L-1, 2, 3, 4, 5, 6 Indian Const. at work : L-1, 2, 3, 4, 9, 10 Mock Annual : Whole Syllabus Annual Exam : Whole Syllabus

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Class-XI

-PSYCHOLOGY-

APRIL-MAY

CHAPTER 1 : What is Psychology?

CHAPTER 2 : Methods of Enquiry in Psychology

JUNE-JULY-AUGUST

CHAPTER 3 : The Bases of Human Behaviour

CHAPTER 4 : Human Development

CHAPTER 5 : Sensory, Attentional and Perceptual Processes

SEPTEMBER - OCTOBER

CHAPTER 6 : Learning

CHAPTER 7 : Human Memory

NOVEMBER - DECEMBER

CHAPTER 8 : Thinking

CHAPTER 9 : Motivation and Emotion

PRACTICALS

1. Development of Case Profile

Using appropriate methods like interview, observation and psychological tests.

- 2. Test administration
- 3. Students are required to understand 2 experiments.
 - * Muller Lyer Experiment
 - * Memory Drum

In practical examination, the student will be required to perform one of the experiment.

Termwise Syllabus

First test series : 1,2 (Till Correlational Research)

Second test series : 2 (From Survey),3,4

Half yearly Examination : 1,2,3,4,5

Mock Annual Examination : Whole Syllabus

2 Practicals

Annual Exam : Whole Syllabus

2 Practicals

-ENGINEERING GRAPHICS-

APRIL - MAY

- Letter writing vertical position, construction of lines, angles and their divisions, simple questions based on trangles, quares, regular polygons-pentagon, hexagon & octagon
- Construction of circles external & internal tangents of circles.

JULY - SEPTEMBER

- Inscribing of circles in equilateral trangle, square, regular polygons-pentagon, hexagon
- Special curves
- Construction of ellipses
- Methods of orthographic Projections and dimensioning techniques
- Methods of orthographic Projections and dimensioning techniques
- Projection of points, lines, regular plane figure
- Construction of square, triangular pentagonal & hexagonal prisms and Pyramids

OCTOBER - DECEMBER

- Orthographic view of Cones, Cylinder & all solids.
- Verticals Pyramid and Prism
- Horizontal solids with axis at right angles t oV.P.
- Horizontal solids with axis parallel to V.P
- Solids inclined to V.P.
- Solids inclined to H.P.
- Frustums of solids

JANUARY - FEBRUARY

- Horizontal frustum inclined to V.P.
- Horizontal frustum inclined to H.P.
- Sectional Projections of verticals solid verticals sectioning, horizontal sectioning, oblique sectioning.
- Sectional Projection of solids with axis parallel to V.P.
- Orthographic Projections of Simple machine blocks
- Front view using first angle method of projection
- Construction of isometric scale showing main divisions of 10 mm
 & smaller divisions of 1 mm each.
- Isometric Projection of figures such as triangles, squares, pentagons, hexagons, circles & its one side should be either parallel to H.P. or V.P. and its one side should be either parallel or Perpendicular to H.P. / V.P.
- Isometric (Projection of solids, Prism, Pyramids or frustums of solid)

-PHYSICAL EDUCATION-

1ST TEST SERIES (15%) (JUNE-JULY)

Unit I Changing Trends & Career in Physical Education

Unit II Olympic Movement

2ND TEST SERIES (25%) (AUGUST)

Unit III Physical Fitness, Wellness & Lifestyle

Complete Syllabus of 1st Test Series

HALF YEARLY EXAMINATION (50%) (SEPTEMBER)

Unit IV Physical Education & Sports for differently abled

Unit V Yoga

Unit VI Physical Activity & Leadership Training

Complete Syllabus of 1st and 2nd test series

MOCK PRE BOARD EXAM (JANUARY)

Unit VII Test, Measurement & Evaluation

Unit VIII Fundamentals of Anatomy & Physiology

Unit IX Kinesiology, Biomechanics & Sports

Unit X Psychology & Sports

Unit XI Training in Sports

Unit XII Doping Complete Syllabus

Annual Exam: Complete Syllabus

Practical Details : 1ST TEST SERIES

1. AAPHERD Youth Fitness Test

2ND TEST SERIES

 Pictorial presentation of any five Asanas for improving concentration. Practical File

HALF YEARLY EXAM

Practical 1 : Computation of BMI from family or neighbourhood & graphical representation of the data.

MONTH WISE SYLLABUS DISTRIBUTION

APRIL	Unit I	Changing Trends & Career in Physical Edu.
MAY	Unit II	Olympic Movement
JULY	Unit III	Physical Fitness, Wellness & Lifestyle
	Unit IV	Physical Education & Sports for Differently Abled
AUGUST	Unit V	Yoga
	Unit VI	Physical Activity & Leadership Training
SEPT.	Unit VII	Test, Measurement & Evaluation
	Unit VIII	Fundamental of Anatomy & Physiology
	Unit IX	Kinesiology, Biomechanics & Sports
OCT.	Unit X	Psychology & Sports
	Unit XI	Training in Sports
	Unit XII	Doping