

## ***PREFACE***

*"Education is not the filling of a pail, but the lighting of a fire"*

*The aim of imparting education is not only to increase the knowledge but also to create the possibilities for a student to invent and discover.*

*The purpose of this syllabus, thus, is to establish minimum basic concepts for each subject to meet the needs of all our students.*

*All the elements in this curriculum model amalgamate to bring out the best in every child and enable them to be on the path of continuous progress.*

*Contained within this booklet, is the pattern of examination and detailed datesheet for the whole session which will help a child to get prepared for assessment and evaluation with ease and also bring about uniformity in the teaching learning process.*

### **Objectives of the Curriculum**

- To identify and articulate the curriculum challenges for educating young people for the twenty first century.
- Taking care of different styles of learning i.e. audio, visual and experimental.
- The theoretical knowledge to be pursued ensuring maximum application of it.
- Correlating academics to real life situations balancing social and emotional stimulation among children and imbibe human values.
- To shape and influence the development of a national collaborative approach to curriculum.

## **EXAMINATION SCHEDULE FOR SESSION 2019-20**

<b><u>PERIODIC – I</u></b>				<b>(1-Saturday)</b>
<b>Date</b>	<b>Day</b>	<b>IV</b>	<b>V</b>	
12.07.19	Friday	English	Hindi	
19.07.19	Friday	Science	English	
22.07.19	Monday	Computer	Computer	
27.07.19	Saturday	Hindi	Maths	
02.08.19	Friday	S.St.	Science	
09.08.19	Friday	Maths	S.St.	

**1st Periodic 12th July to 10th August 2019**

**PTM on 24th August 2019**

### **Guidelines :**

- Regular classes will be held after each test.
- **No re-test will be conducted at any level.**
- First periodic will be conducted for 20 marks.
- Duration of exam will be 1.0 hour.
- 20% of the entire syllabus will be covered in the first periodic.
- 5% of the First Periodic will be added to the final cumulative result.
- 10 marks of the 1st Periodic will be added to Half-Yearly Exam for Classes IV-V.

<b><u>HALF-YEARLY</u></b>				<b>(2-Saturdays)</b>
<b>Date</b>	<b>Day</b>	<b>IV</b>	<b>V</b>	
30.09.19	Monday	English	Hindi	
03.10.19	Thursday	Science	English	
05.10.19	Saturday	Computer	Computer	
10.10.19	Thursday	Hindi	Maths	
14.10.19	Monday	S.St.	Science	
19.10.19	Saturday	Maths	S.St.	

**Half-Yearly 30th Sept. to 19th Oct. 2019**

**PTM on 30th Oct. 2019**

### **Guidelines :**

- **No re-test will be conducted at any level.**
- Half-yearly exam will be conducted for 60 marks and 50% weightage of the same will be taken + 10 marks will be added from 1st Periodic + 5 marks assessment will be there for maintenance of notebooks and 5 marks for subject enrichment activities = Total marks 50.
- Duration of exam will be 2 hours.
- 50% of the entire syllabus will be covered till the half-yearly exams.
- 15% weightage of half-yearly will be added in cumulative Annual result.

**PERIODIC – II**

**(2-Saturdays)**

<b>Date</b>	<b>Day</b>	<b>IV</b>	<b>V</b>
30.11.19	Saturday	English	Hindi
06.12.19	Friday	Science	English
09.12.19	Monday	Computer	Computer
13.12.19	Friday	Hindi	Maths
21.12.19	Saturday	S.St.	Science
27.12.19	Friday	Maths	S.St.

**2nd Periodic 23rd Nov. to 27th Dec. 2019**

**PTM on 18th January 2020**

**Guidelines :**

- Regular classes will be held after each test.
- **No re-test will be conducted at any level.**
- Second periodic will be conducted for 25 marks.
- Duration of exam will be 1.0 hour.
- 75% of the entire syllabus will be covered till second periodic.
- 20% of the Half-Yearly will be added to the Final cumulative result.

**ANNUAL EXAM**

**(2-Saturdays)**

<b>Date</b>	<b>Day</b>	<b>IV</b>	<b>V</b>
29.02.20	Saturday	English	Hindi
03.03.20	Tuesday	Science	English
07.03.20	Saturday	Computer	Computer
12.03.20	Thursday	Hindi	Maths
16.03.20	Monday	S.St.	Science
19.03.20	Thursday	Maths	S.St.

**Yearly Exam 2nd March to 19th March 2020**

**PTM on 28th March 2020**

**Guidelines Annual Exam**

- **No re-test will be conducted at any level.**
- Yearly exam will be conducted for 60 marks and 50% weightage of the same will be taken.
- Duration of exam will be 2 hours.
- Syllabus-25% syllabus left + 10% First Periodic + 15% Half Yearly + 10% Second Periodic. Total Syllabus 60%.
- Co-scholastic activities will be graded on a Five point grading scaling i.e. A to E.
- Life skills will also be graded on a Five point grading scale i.e. A to E.

## ENGLISH

**Book** : Wow English (Course Book)  
Wow English (Workbook)

### Ist Periodic

#### April (20 Days)

Lesson-1 : The Empty Pot  
Lesson-3 : Eureka ! Eureka !  
Poem : The Boy Who Never Told a Lie  
: Newton's Gravity  
Grammar : Nouns, Simple Present Tense, Connectors,  
Punctuation  
Writing : Summary writing  
Reading Skills : Unseen Passage  
Listening Skills : Animal Facts  
Speaking Skills : Poem Recitation

#### May (13 Days)

Lesson-2 : How Sweet Home (Activity Based)  
Poem : Grand Parents are the Best  
Grammar : Types of Sentences, Present Continuous  
Tense  
Writing : Informal Letter  
Speaking Skills : Process of honey making (using flash cards)

### Half-Yearly

#### July (23+1 Days)

Lesson-4 : The Missile Man  
Poem : Try Try Again  
Grammar : Adjectives, Simple Past  
Writing : Poster Making  
Reading Skills : Unseen Passage

#### August (20 Days)

Lesson-6 : Tenali Raman and the Two Thieves  
Poem : Riddles  
Grammar : Prepositions

Writing : Diary Entry  
Listening Skills : Listening for specific information related to nature.

September (20 Days)

Lesson-5 : Fantastic Animals (Activity Based)  
Poem : How doth the Little Crocodile  
Grammar : Subject Verb and Object  
Writing : Paragraph writing, Paraphrasing  
Speaking Skill : Poem recitation  
: Biography of a person who inspires you

**IInd Periodic**

October (17+2 Days)

Lesson-7 : Mangalyaan  
Poem : The Crescent Moon  
Grammar : Pronoun, Punctuation, Past Continuous Tense  
Writing : Dialogue completion  
Reading Skills : Unseen Passage  
Listening Skills : Listening and answering

November (20+1 Days)

Lesson-8 : Sinbad and the strange Island  
Poem : A Good Play  
Grammar : Adjective  
Writing Skills : Diary Entry  
Speaking Skills : Poem recitation, Describing pictures

**Annual Exam**

December (21+1 Days)

Lesson-9 : Midas and The Golden Touch  
Poem : The Lombton Worm  
Grammar : Articles, Adverbs  
Writing Skills : E-mail, Poster  
Reading Skills : Unseen Passage

Jan (15 Days)

Lesson-10 : Happy Holidays  
 Grammar : Past Continuous Tense, Types of Sentences, Punctuation  
 Writing : Story writing  
 Listening Skills : Listening and answering  
Feb (19+1 Days)  
 Poem : The Peddler's Caravan  
 Speaking Skill : Poem Recitation  
 Story Chain (Group Activity)

**Reader of the  
Month Activities (2019-20)**

<b>Month</b>	<b>Date</b>	<b>Activities</b>
April-May	10.05.19	Book Maze
June-July	19.7.19	World of Words
Aug.-Sep.	20.9.19	Read to Me
Oct.-Nov.	22.11.19	What's in the Book ?
Dec.-Jan	17.01.20	Reading Pyramid
Feb.-March	28.02.20	Map Your Readings

**Intra Class Activities Schedule on  
every Friday of the Month**

<b>Date</b>	<b>Activity</b>
	English Handwriting (Every month 1st week on Monday)
26.04.19	English Spell Check, Vocabulary
10.05.19	English Creative Writing
26.08.19	English Spell Check, Vocabulary and Creative writing
27.09.19	School English Olympiad
11.10.19	English Spell Check, Vocabulary
08.11.19	English Creative Handwriting
07.02.20	English Spell Check & Vocabulary

## HINDI

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### Half-Yearly

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**Annual Exam**

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i B&5	t y p O ( f p = k l f g r )
i B&6	i ' k i f { k e d s e p k s c u d j m u d k f u e l z k
i B&7	I k e w y d k K u
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i B&9	i B d k u k / e p u
i B&10	x d l j h i f u k k r F k n i ; k s
i B&11	t d i m l s l a f r x h
i B&14	c w k r l s t k u s
i B&15	j k ; v l s j k d h i { k h
i B&16	v l e d k n i ; k s

**Intra Class Activities Schedule on every Friday of the Month**

Date	Activity
	Hindi Handwriting (Every month 2nd week on Monday)
12.07.19	Hindi Spell Check & Vocabulary
19.07.19	Hindi Creative Writing
18.10.19	Hindi Spell Check, Vocabulary & Creative Writing
07.02.20	Hindi Spell Check, Vocabulary & Creative Writing

## MATHS

<b>Book</b>	: Wow ! Maths (Eupheus Learning) : Practice Manual
<b><u>Term - 1</u></b>	<b><u>Ist Periodic</u></b>
April	: Unit-2 Addition and Subtraction Unit-8 Geometry (Ex. 8.1)
May	: Unit-1 Numbers : Unit-9 Patterns and Nets
July	: Unit-5 Factors and Multiples (Ex. 5.1, 5.2)
<b>Activity 1</b>	: To strengthen the concept of rounding off (Pg. 27)
<b>Activity 2</b>	: To find the line of symmetry of a figure. (Pg. 171)
	<b><u>Half-Yearly</u></b>
July	: Unit-5 Factors and Multiples (Ex. 5.3 to 5.7)
August	: Unit-3 Multiplication Unit-10 Measurement
September	: Unit-14 Data Handling
October	: Unit-8 Geometry (Ex. 8.2) : Unit-5 (Ex. 5.1, 5.2), Unit-8 (Ex. 8.1) will be repeated.
<b>Activity 1</b>	: To explore the concept of multiplication.
<b>Activity 2</b>	: To explore the concept of LCM (Pg. 88)
<b><u>Term - 2</u></b>	<b><u>IInd Periodic</u></b>
October	: Unit-4 Division
November	: Unit-6 Whole and Parts : Fractions Unit-13 Money
December	: Unit-8 Geometry (Ex. 8.3)
<b>Activity 1</b>	: To compare fractions
<b>Activity 2</b>	: To add money through real life objects using price tags.
	<b><u>Annual Exam</u></b>
December	: Unit-12 Time
January	: Unit-7 Whole and Parts : Decimals : Unit-8 Geometry (Ex. 8.4)
February	: Unit-11 Perimeter and Area <b>Unit-5, 6 and Ex. (8.1 to 8.3) will be repeated.</b>

- Activity 1** : To represent decimal numbers on square grid.
- Activity 2** : To reinforce that the figures with same perimeter can have different areas. (Pg. 171)

**Intra Class Activities Schedule on  
every Friday of the Month**

<b>Date</b>	<b>Activity</b>
12.04.19	Number Handwriting & Number Dictation Mental Ability and Tables
05.07.19	Number Handwriting & Number Dictation Mental Ability and Tables
04.10.19	Number Handwriting & Number Dictation Mental Ability and Tables
04.12.19	Maths Olympiad
03.01.20	Number Handwriting & Number Dictation Mental Ability and Tables

**SCIENCE**

**Books** : Cambridge (Science Voyage)

**Ist Periodic**

**April**

- Chapter-1 : The Green Plants
- Chapter-2 : How Plants Survive
- Activity : To test the presence of starch in a potato.

**May**

- Chapter-7 : Keeping Safe (Group Discussion)
- Activity : To study the different types of plants based on their height.

**Half-Yearly**

**July**

- Chapter-3 : Animals and their youngones
- Chapter-8 : Clothes we wear (Project)
- Project : The students will collect samples of different types of fabrics. They will paste the samples and write about their source, properties and uses.

**August**

- Chapter-4 : How animals survive
- Chapter-11 : The Solar System

**September**

- Chapter-1 : The Green Plants (Repeat)
- Activity : 1. To study the formation of day and night.
- : 2. Adaptation in animals (Riddles)

**End Periodic**

**October**

- Chapter-5 : Food : Our Basic Need
- Activity : To study the adulteration (starch) in milk.

**November**

- Chapter-6 : Digestion and role of microbes
- Chapter-12 : Keeping Our Earth Clean (Group Discussion)
- Activity : To study the 3R's of managing wastes.

**Annual Exam**

**December**

- Chapter-9 : Solids, Liquids and Gases

**January**

- Chapter-13 : Air, Water and Weather
- Activity : 1. To study the methods of purification of water - sedimentation, decantation and filtration.
- : 2. To study the properties of air.

**February**

- Chapter-10 : Force, Work and Energy (Project)
- Chapter-1 : The Green Plants (repeat)
- Chapter-3 : Animals and their youngones (repeat)
- Chapter-5 : Food : Our basic need (repeat)
- Project : The students will be divided into groups based on their roll numbers. The students will collect and write the information on the different types of force and energy.

**Intra Class Activities Schedule on every Friday of the Month**

- | <b>Date</b> | <b>Activity</b>         |
|-------------|-------------------------|
| 22.11.19    | School Science Olympiad |

## SOCIAL SCIENCE

Text Book :

### PERIODIC - I APRIL

CH-10 Transport and Communication (MCQ)

CH-11 Love my India

Activity List out some facts about India regarding monuments, rivers, Prime Minister, President, smallest and biggest state along with a value based questions- How can we keep our country beautiful ?

### MAY

CH-2 The Northern Mountains

### HALF YEARLY

CH-3 The Northern and Coastal Plains

**Activity**

- Design a pamphlet with a slogan on "Save Mountains" by avoiding cutting of trees.
- A comparative study of plains and coast along with their benefits.

Project-CH-14 Our Mineral Resources (Holidays Homework)  
Topic- Gather information on different types of minerals found in different states and collect few samples like coal, copper wire, salt etc. List out various ways- How can we conserve mineral well.

#### ROLL NO.

#### STATES

1-10

JHARKHAND

11-20

CHHATTISGARH

21-30

BIHAR

31 Onwards

MADHYA PRADESH

Map Activity- Mark the following places on the map of India where the following minerals are found in abundance.

1. Bihar- Iron
2. Karnataka-Gold
3. Madhya Pradesh-Copper
4. Jharkhand-Coal
5. Off Coast of Maharashtra- Petroleum

**Repeated Chapters- CH-1**

**JULY**

- CH-4 The Western Desert  
CH-7 Our Soils (MCQ)  
Activity- Design a poster to make urban people aware of the importance of water.

**AUGUST**

- CH-15 Emperor Akbar  
CH-12 Our Forest (Group Discussion)  
Activity- Collect information about Akbar
- 9 gems of Akbar's court
  - The buildings he built in Fatehpur Sikri
  - His educational beliefs

**PERIODIC - II**

**SEPTEMBER**

- CH-8 Our Agriculture  
CH-5 The Southern Plateau and Islands  
Activity- 1. Mark anyone physical division of India on physical map of India and paste samples of the crops that are grown in that particular landform.

**ROLL NO. PHYSICAL DIVISION**

- 1-10 THE NORTHERN MOUNTAIN  
11-20 THE NORTHERN PLAINS  
21-30 THE WESTERN DESERT  
31-40 THE COASTAL PLAINS  
41 Onwards THE SOUTHERN PLATEAUS

2. Conduct a survey on- Why Islands contribute to the maintenance of the geographical condition of the world.

**OCTOBER**

- CH-17 Our Rich Culture  
Activity- Write some facts about "Unity in Diversity" and paste pictures related to the diverse culture of India.

**NOVEMBER**

- CH-16 The Age of Exploration (MCQ)

### ANNUAL EXAM

- CH-9  
Activity-
- Our Industries
- Mark the following states on political map of India where the given industries are set up.
- The state where famous gold mine is set up.
  - The state where Mathura refinery is set up and petroleum is refined.
  - The state where TISCO is set up- the huge Iron and Steel industry.
  - The state where pearl jewellery is manufactured.
  - The state where small handcraft items like puppets are made.

### DECEMBER

- CH-6  
CH-11  
Activity-
- Our Climate (MCQ)
- Our Natural Resources
- Mark the following states on political map of India where these natural resources are proved to be beneficial for mankind.
- Water-The state where Bhakra Nangal Dam is situated and hydroelectricity is generated.
  - Wind- The state where most of the wind mills are set up.
  - Petroleum- The state near which petroleum is found in the sea bed.
  - Soil- The state where the most fertile soil is found.
  - Metal like Iron- The state where Iron is extracted from the mines.

### JANUARY

- CH-19  
CH-18  
Activity-
- Local Self Government in cities
- Our Rights and Duties (Group Discussion)
- As a resident of Delhi, enlist the functions performed by the municipal corporation of Delhi for the upkeep of the city and its residents. Paste pictures related to it.

## FEBRUARY

- Project- CH-13    Our Water Resources
- Topic-            Conduct a survey on water on the basis of following parameters :
- Sources and importance of water
  - Importance of rain water harvesting
  - Situation based question
  - AMSHA AFRICA FOUNDATION
  - Map activity- Mark the following places on the political map of India.
- a) The first state to adopt rain water harvesting system.
- b) The state which is named due to 5 rivers which flow through here.
- c) The state where the Ganga originates from.
- d) The state where the river Brahmaputra enters India from Tibet.
- e) The Indus river enters Pakistan from this state.

Repeated Chapters- CH-10, 4, 8

## COMPUTER

- Book**            : WINDOWS 10 (NAVDEEP)
- PERIODIC - I**
- Chapter 1        The computer Story
- Chapter 2        More about Windows OS
- Activity 1        Paste the pictures of the parts of computer that make it a complete internet ready multimedia machine.
- Activity 2        Create three folders: Maths, Science, English. Create another folder 'Subjects' and move the three folders to the 'Subjects' folder. Also, rename the 'Subjects' folder to 'My Subjects'.



### **HALF YEARLY**

- Chapter 4 Working in Microsoft Office Word  
Chapter 5 Enhancing the look of the document  
Chapter 6 Inserting objects in MS Word  
Activity 1 Create a list of necessary items that you will carry for night camp in school. Format the text using features like alignments, bullets, font style etc.  
Activity 2 Create a table depicting your marks in 5 subjects.

### **PERIODIC - II**

- Chapter 3 Entertaining programs  
Chapter 7 Starting Microsoft Office PowerPoint  
Additional Inserting objects in PowerPoint (Activity based)  
Activity 1 Create a presentation on 'E- Waste Management'.  
Activity 2 Find and write the names of different entertainment software and specify their use.

### **ANNUAL EXAM**

- Chapter 8 More Fun with LOGO  
Chapter 9 Internet Applications  
Additional Scratch (activity based)  
Activity 1 Create a small game in Scratch.  
Activity 2 Create your email account and send a mail to your teacher.

### **REPEATED CHAPTERS**

- Chapter 1 The computer Story  
Chapter 6 Inserting objects in MS Word  
Chapter 7 Starting Microsoft Office PowerPoint

**Note :**

**17.01.20 School Cyber Olympiad**

**G.K.**

Book : Wow ! World Within Worlds  
: Current Affairs of the month & Logical Reasoning.

**APRIL**

Ch-1 : Animal World

Ch-2 : Travel diaries

Activity : Write some facts about any 1 : Wonder of the World on the basis of name, country, year of its building, significant feature and paste its picture.

**MAY**

Ch-3 : Time to Celebrate

Ch-4 : In good taste

Activity : Find out names of any 3 edible herbs which are used in cooking food and mention their medicinal value. Paste their pictures.

**JULY**

Ch-5 : Films we love

Ch-6 : Characters and Creators

Activity : Write the name of the movie alongwith its poster and social message behind it.

**AUGUST**

Ch-7 : Our Green World

Ch-8 : As free as bird

Activity : Conduct a survey and list out names of 5 migratory birds which migrate to India. Paste their pictures.

**SEPTEMBER**

Ch-9 : Magic of Music

Ch-10 : Timeless Treasures

Activity : Sheeshmahal is the monument which is adopted by our school. Paste its picture and gather information on the following parameters - location, founder, year of building, measures taken by MAPS for its preservation.

**OCTOBER**

- Ch-11 : Inspiring India  
Ch-12 : All about Africa  
Activity : Mark the continent Africa on the world political map & list out any 5 facts other than the book.

**NOVEMBER**

- Ch-13 : A Child's Play  
Ch-14 : What's the Sport  
Activity : Make a greeting card for your favourite sports person & highlight his/her 5 qualities for which you like him/her the most.

**DECEMBER**

- Ch-15 : Brain Teasers  
Ch-16 : Puppetry  
Activity : Design a puppet on an ice-cream stick. Mention the state of India famous for puppetry show along with its name.

**JANUARY**

- Test Paper : 1, 2

**FEBRUARY**

- Test Paper : 3, 4

**G.K. Assessment**

**(Text Book, Reasoning and Current Affairs)**

<b>Month</b>	<b>Date</b>
April-May	03.05.19
July-August	02.09.19
Sept.-Oct.	25.10.19
Nov.-Dec.	21.11.19
January	10.01.20
Feb.-March	07.02.20

## **MORAL SCIENCE**

Book : Dew Drops & Value Activities

### **APRIL-MAY**

Ch-1 : Eat to Live, Don't Live to Eat

Value Card Act. : Honesty

: Write honesty is the best policy because... along with real life incident where they were honest at their part.

G. Sensitivity Act. : Awareness

: Write any 2 acts which can be done by both boys & girls but cannot be differentiated who has done what.

### **JULY-AUGUST**

Ch-2 : Being Sportive .... The Game of Life

Value Card Act. : Be Passionate for your goal

: Every student makes a list of at least 5 goals that they want to achieve before the end of the academic year in their notebook.

G. Sensitivity Act. : Respect

: Write any 2 qualities of your friend which make you respect & love him/her.

### **SEPTEMBER-OCTOBER**

Ch-3 : Success - aspiring higher

Value Card Act. : Team Spirit

: Brain storm various ways in which team spirit is visible in school activities.

G. Sensitivity Act. : Responsibility

: Mention any 2 consequences of being irresponsible & 2 consequences of being responsible.

### **NOVEMBER-DECEMBER**

Ch-4 : Forgiveness .... Synonym of Godliness

Value Card Act. : Being Compassionate

: Students will paste paper cut out of their own hand & will write the feelings of

making a needy child smile with your gifted things.

G. Sensitivity Act. : My Choice  
: Make a list of games & activities which boys & girls play together.

### **JANUARY-FEBRUARY**

Ch-5 : Celebrating Relations : the bond of Happiness

Value Card Act. : Celebrating Diversity  
: Students will bring a special dish of any State of India, relish it & pen down the values they learn from this activity.

G. Sensitivity Act. : My Family  
: Make card for any member of family & write any special thing about him/her.

## **ART & CRAFT**

**Book** : Art, Craft & Me

### **APRIL**

Book Work : Sweet home, Daffodil

File Work : My Sweet Home, Green Earth Composition

### **MAY**

Book Work : Bird, Snowman

File Work : Garden Scene, Warli Art

### **JULY**

Book Work : Clean Earth, Green Earth, Coconut trees

File Work : 3D Hand, Underwater Scene

### **AUGUST**

Book Work : Castle, Garden

File Work : Independence Day, Elephant

### **SEPTEMBER**

Book Work : Petals & Ferns, Warli Art

File Work : Landscape, Madhubani Art

### **OCTOBER**

Book Work : Woman with Sun, Mithila Art

File Work : Diwali Scene, Tree composition

### **NOVEMBER**

- Book Work : Sparrow, Madhubani Art  
File Work : Sheeps grazing, Village scene

### **DECEMBER**

- Book Work : Nightangle, Tree-colour etching  
File Work : Christmas, Fictional Character

### **JANUARY**

- Book Work : Lantern, Body Parts-Lips  
File Work : Train, Winter Season

### **FEBRUARY**

- Book Work : Body Part-Ears, Lanscape  
File Work : Coconut tree composition, Castle

## **MUSIC**

### **VOCAL**

- April : Sanskrit Shloka chanting (Shubham Kurutwam Kalyanai)  
May : School song & Alankaars  
July : Rajasthani Folk Song (Rangilo Saawan aayo re)  
August : Patriotic Song  
September : Bhajans of Lord Rama & Lord Krishna  
October : English Prayer (You are my all in all)  
November : Save girl child song (Bekhauf azad hai rehna mujhe)  
December : Christmas Carol  
January : Save Trees Song (Naa kato mujhe dukhta hai)  
February : Revision & Annual Assessment

### **INSTRUMENTAL**

#### **Keyboard**

- April : Introduction of Harmonium and Synthesizer  
May : Different Alankar as per Hindustani Classical Music  
July : Different Alankar as per Hindustani Classical Music

August	: Twinkle-Twinkle
September	: Assessment (EV I)
October	: National Anthem
November	: National Anthem
December	: Assessment (EV II)
January	: Jingle Bell
February	: Assessment (EV III)

### **Tabla**

April	: Introduction of various parts of Tabla. Basic part practice & revision of previous lessons (if any).
May	: Continuation of part practice.
July	: Revision of part practice and starting of a basic Kaida
August	: Continuation of the Kaida
September	: Half-Yearly Assessment
October	: Complete the Kaida with Tihai
November	: Rhythm pattern of 8 beats on Congo
December	: Variations of rhythm on Congo
January	: Basic rhythm of 6 beats on Congo
February	: Revision of previous lessons and final assessment.

### **MUSIC CLUB SYLLABUS**

April	: Introduction of Harmonium & Synthesizer
May	: Alankar I
July	: Alankar II & III
August	: Happy Birthday
September	: Happy Birthday
October	: We shall overcome
November	: We shall overcome
December	: Jingle Bell
January	: Jingle Bell
February	: Revision

## DANCE

April	: Warm up exercises and body movements with count.
May	: Aerobics rhythmic body movements
July	: Krishna Dance
August	: Patriotic Dance
September	: Free style dance steps
October	: Hip-Hop Dance Steps
November	: Folk dance steps
December	: Christmas dance
January	: Classical Dance - Teen Taal
February	: Revision of whole syllabus
March	: Annual Assessment

## CLAY MODELLING

April	: Creative Shapes & Design
May	: Slab Method : Relief work & Standing Fig.
July	: Human Face : Nose, Ears, Mouth & Eyes
August	: Monsoon Scene & Aquatic Scene
September	: Elephant & Jungle Scene
October	: Transport : Metro Rail & Future Car
November	: Ganesha and Diwali Composition
December	: Santa Claus and Christmas Tree
January	: Animals : Horse & Horse rider Composition
February	: Monument : Qutabminar

## PHYSICAL EDUCATION

### April

1st week	Athletics
2nd week	Mini kho
3rd week	Net game
4th week	Quick run

### May

1st week	Arch ball chase
2nd week	Intercepting the ball
3rd week	Playing 2 against 1
4th week	Dribble & pass



### **July**

1st week	Three court dodge ball
2nd week	Relay races
3rd week	Cone balance race
4th week	Mini athletics

### **August**

1st week	Pick and drop relay
2nd week	Warm up activities
3rd week	Understanding stretching
4th week	Rhythmic activities

### **September**

1st week	Skipping
2nd week	Roads and lanes
3rd week	Jigsaw trail
4th week	Seven stones

### **October**

1st week	Chasing games
2nd week	Traffic signal
3rd week	Table-tennis
4th week	Cone balance race

### **November**

1st week	Gallery
2nd week	Tag games
3rd week	Basketball
4th week	Bean beg relay race

### **December**

1st week	Passing the parcel
2nd week	Cricket
3rd week	Pick and drop relay
4th week	Hit the large target

### **January**

1st week	Chain Tag
2nd week	Yoga
3rd week	Rug by
4th week	Tug of war

## February

1st week	Outdoor Bowling
2nd week	badminton
3rd week	Aerobics
4th week	Football

## YOGA

### April

- Introduction of yoga
- Sukshma vyayama (minor joint movement practices)
- Griva Shakti vikasak kriya (1, 2 and 3)
- Purna bhuja Shakti vikasak kriya (1, 2 and 3)
- Kati Shakti vikasak kriya (1, 2, 3 and 4)
- Asana
- Introduction of Asana
- Tadasana
- Tiryaka tadasana
- Hasttotanasana

### May

- Chanting of om
- Sukshma vyayama
- Jangha Shakti vikasak (chair pose)
- Pindli Shakti viaksak
- Asana
- Vriksasana
- Katichakrasana
- Padhastasana
- Veerbhadradasana (part 1)
- Benefits of pranayam
- Importance of pranayam a
- Sheetli

### July

- Om changing
- Asana
- Ardhakatichakrasana
- Dandasana
- Natrajasana

- Ardhpadmasana
- Paranayama
- Breath meditation
- Anulom vilom

### **August**

- Asana
- Vajarasana
- Garudasana
- Trikonasana
- Mandukasana
- Pranayama
- Surya bhedi

### **September**

- Asana
- Janushirsana
- Vakrasana
- Paschimotanasana
- Purvottanasana
- Pranayama
- Bhramri

### **October**

- Introduction : Surya Namaskar
- Asana
- Gomukhasana
- Uttanmandukasana
- Kurmasana
- Salabhasana
- Pranayama
- Bhastrika

### **November**

- Surya Namaskar
- Asana
- Bhujangasana (various steps)
- Dhanurasana
- Ushtrasana
- Sashankasana
- Pranayama

- Breath Meditation
- Nadishodhan

### **December**

- Surya Namaskar
- Asana
- Suptavajarasana
- Halasana
- Sarvangasana
- Setubandhasana
- Pranayama
- Anulom vilom
- Om chanting

### **January**

- Asana
- Marjaryasana
- Chakkichalasangana
- Naukasana
- Makrasana
- Pranayama
- Kapalbhathi
- Mudras of hand

### **February**

- Surya Namaskar
- Asana
- Chakrasana
- Pawanmuktasana
- Mahavirasana
- Kagasana
- Pranayama
- Kapalbhathi
- Mudras

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