

PREFACE

"Education is not the filling of a pail, but the lighting of a fire"

The aim of imparting education is not only to increase the knowledge but also to create the possibilities for a student to invent and discover.

The purpose of this syllabus, thus, is to establish minimum basic concepts for each subject to meet the needs of all our students.

All the elements in this curriculum model amalgamate to bring out the best in every child and enable them to be on the path of continuous progress.

Contained within this booklet, is the pattern of examination and detailed datesheet for the whole session which will help a child to get prepared for assessment and evaluation with ease and also bring about uniformity in the teaching learning process.

Objectives of the Curriculum

- To identify and articulate the curriculum challenges for educating young people for the twenty first century.
- Taking care of different styles of learning i.e. audio, visual and experimental.
- The theoretical knowledge to be pursued ensuring maximum application of it.
- Correlating academics to real life situations balancing social and emotional stimulation among children and imbibe human values.
- To shape and influence the development of a national collaborative approach to curriculum.

EXAMINATION SCHEDULE FOR SESSION 2019-20

<u>PERIODIC – I</u>					(1-Saturday)
Date	Day	VI	VII	VIII	
01.07.19	Friday	English	Hindi	Maths	
05.07.19	Friday	Science	S.St.	English	
08.07.19	Monday	Fr./Skt.	Fr./Skt.	Fr./Skt.	
12.07.19	Saturday	Hindi	Maths	Science	
15.07.19	Friday	S.St.	English	Hindi	
19.07.19	Friday	Maths	Science	S.St.	

PTM on 17th August 2019

Guidelines :

- Computer online exam will be conducted.
- Regular classes will be held after each test.
- **No re-test will be conducted at any level.**
- First periodic will be conducted for 40 marks.
- Duration of exam will be 1.5 hour.
- 20% of the entire syllabus will be covered in the first periodic.
- 5% of the First Periodic will be added to the final cumulative result.
- 10 marks will be added from first periodic+5 marks assessment will be there for maintenance of notebooks and 5 marks for subject enrichment activities = 20 marks.

<u>HALF-YEARLY</u>					(2-Saturdays)
Date	Day	VI	VII	VIII	
11.09.19	Monday	English	Hindi	Maths	
14.09.19	Thursday	Science	S.St.	English	
17.09.19	Thursday	Hindi	Maths	Science	
20.09.19	Monday	S.St.	English	Hindi	
23.09.19	Thursday	Maths	Science	S.St.	

PTM on 19th Oct. 2019

Guidelines :

- Computer, French/SKT will be conducted on regular days.
- **No re-test will be conducted at any level.**
- Half-yearly exam will be conducted for 80 marks and 20 marks of 1st Periodic + Total marks 100.
- Duration of exam will be 3 hours.
- 50% of the entire syllabus will be covered till the half-yearly exams.
- 20% weightage of half-yearly will be added in cumulative annual result.

<u>PERIODIC – II</u>				(2-Saturdays)
Date	Day	VI	VII	VIII
02.12.19	Saturday	English	Hindi	Maths
06.12.19	Friday	Science	S.St.	English
13.12.19	Friday	Hindi	Maths	Science
20.12.19	Saturday	S.St.	English	Hindi
23.12.19	Friday	Maths	Science	S.St.

PTM on 18th Jan. 2020

Guidelines :

- ➔ Computer online test will be conducted.
- ➔ Regular classes will be held after each test.
- ➔ **No re-test will be conducted at any level.**
- ➔ Second periodic will be conducted for 25 marks.
- ➔ Duration of exam will be 1.5 hour.
- ➔ 75% of the entire syllabus will be covered till second periodic.
- ➔ 15% of the Half-Yearly will be added to the final cumulative result.

Guidelines Annual Exam

- ➔ **No re-test will be conducted at any level.**
- ➔ Yearly exam will be conducted for 80 marks and 60% weightage of the same will be taken.
- ➔ Duration of exam will be 3 hours.
- ➔ Class VI – 10% of Term 1 + Full Syllabus of Term 2
(50% of whole Syllabus) = 60%
- ➔ Class VII – 20% of Term 1 + Full Syllabus of Term 2
(50% of whole Syllabus) = 70%
- ➔ Class VIII – 30% of Term 1 + Full Syllabus of Term 2
(50% of whole Syllabus) = 80%
- ➔ Co-scholastic activities will be graded on a Three point grading scaling i.e. A to C.
- ➔ Life skills will also be graded on a Three point grading scale i.e. A to C.

ENGLISH

Books :

MCB	:	New Pathways
Literature Reader	:	New Pathways
Grammar & Writing skills	:	English Communicative (PP Publication)

Periodic - I

		No. of Periods
Main Course Book :	Unit 1 Growing Up	(11)
:	How I Taught My Grandmother to Read	
:	Tom Paints the Fence	
:	A Remarkable Adventure (Poem)	
Literature :	Pret in the House (Prose)	(3)
:	Be a Friend (Poem)	(2)
Grammar :	Noun	(3)
:	Pronoun	(3)
:	Verb	(2)
:	Adverb	(4)
Writing :	Notice writing	(2)
:	Diary entry	(4)

Enrichment Activities :

- * Holiday Homework
- * JAM Session (2)
- * Story Enactment (3)

Half-Yearly

Main Course Book :	Unit 3 Furs and Feathers	(12)
:	The Giant Roc	
:	How the Cat Became	
:	The Ant Explorer (Poem)	
:	Unit 2 Activity Base	
	(Nature's Bounty)	(1)
Literature :	Attila (Prose)	(3)
:	Pandora and the Mysterious Box	(3)
	(Prose)	
:	You can't be that (Poem)	(3)
:	Be a Friend (Repeat)	
Grammar :	Articles	(3)
:	Tenses	(9)
:	Adverb (Repeat)	
Writing :	Message	(3)
:	Application	(3)
:	Notice (Repeat)	
:	Biosketch	(2)

Periodic - II

Main Course Book :	Unit 5 A Brush with Art	(11)
:	The Women Painters of Mithila	
:	Quality	
:	Indian Weavers (Poem)	
Literature :	The School of Sympathy (Prose)	(3)
:	The Hotel Stefani (Prose)	(3)
:	Day Break (Poem)	(2)
:	The Spider and the Fly (Recitation)	(1)
Grammar :	Prepositions	(3)
:	Conjunctions	(3)
:	Adjectives	(3)
Writing :	Letter to the Editor	(2)
:	Biosketch	(1)

Enrichment Activities :

- * Holiday Homework
- * Comic Strip
- * Role Play (2)

Annual Exam

Main Course Book :	Unit 6 The Unexplained	(11)
:	The Rosewell UFO Incident	
:	The Canterville Ghost	
:	Off to Outer Space Tomorrow	
:	Morning (Poem)	
Literature :	The Cop and the Anthem (Prose)	(3)
:	As You Like It (Prose)	(5)
:	Say the Right Thing (Play)	(3)
:	Be a Friend (Repeat)	
:	You can't be That (Repeat)	
:	Day Break (Repeat)	
Grammar :	Conditionals	(3)
:	Active-Passive	(7)
:	Tenses (Repeat)	
Writing :	Article	(2)
:	Story	(2)
:	Notice (Repeat)	
:	Biosketch (Repeat)	

fgldh

i B- & t r o d	%1-	v j g g (d { k & 6)	
	2-	fgah Q d j . k % H k k v k S m d s v u i q z k (6)	
Periodic - I			
		vi S	d ky k k
v j g g	%i B&1	d k k k d j u s o k y l e d h d H k g j	
		u g a g l s h	(4)
	i B&2	u h y w	(4)
	i B&3	v k f E D	(4)
d { k x f r f o f /	%v i j Z h	L r j i j [k s t k u s o k y s [k l e a l s f d l h , d	
		[k d s i z n / f l k y k m d k f p k f o i d k i o [k d h	
		f o f / o f u e l a d k m y k d j a A (f y f l k)	
Q d j . k	%H k 1	1- H k k	(2)
		2- o . k z f o p k j	(2)
		3- o . k z f o P n b	(1)
	H k 5	17- v i f B x n k k d Q k k	(2)
		20- v u e P n b y k u	(1)
		e b Z	d ky k k
v j g g	%i B&4	v k j s u x j h	(4)
d { k x f r f o f /	%u k /	e p u (e k S k d)	
Q d j . k	%H k 2	1- R R e e n H o	(2)
		2- i ; k z o p h ' k n (1&12)	(3)
		3- f o y l e ' k n (1&19)	
		4- o d k k a d s f y , , d ' k n (1&12)	
		6- J f l e f H u k f z ' k n (1&7)	
	%H k 4	15- e g o j s (1&15)	(1)
	%H k 5	18- i k y k u (v u S p k j d)	(2)
Jo . k o l p u d k S y			(4)
b P n u q i x g d k Z			

Half-Yearly

		t g k Z	d k y k k
v j g g	% i B 85	i q d h v f h y k k	(3)
	i B 86	g j d h t h	(4)
	i B 87	o u l j k k	(4)
d { k x f r f o f /	% i B 84 c p k v k s t h o u c p k v k s		(3)
	(f y f l k) L y k u f u e k Z		
Q d j . k	% H k 2	6 - ' k a f u e k Z	
		(d) m i l x Z	(2)
		(l k i B ;	(2)
		(x) l f a (L o j l f a)	(4)
		5 - ' k a d f s c u r s g s	(4)
		i ; k o p h (13 & 24)	
		f o y l e (20 & 38)	
		o k d k a d s f y , , d ' k a (13 & 24)	
		J a l e f h u l f a ' k a (8 & 14)	
	% H k 5	20 - v u e n y s k u	(2)
		v x l r	d k y k k
v j g g	% i B 88	n s k d h ' k u % f o j k v d l s y h	(4)
	i B 89	> k h d h j k u h	(4)
d { k x f r f o f /	% d f o r k o p u (o j j l) (e k f d)		(2)
Q d j . k	% H k 2	6 - ' k a f u e k Z	
		(4) l e k	(2)
		7 - v a s k f g u h ' k o y h	(2)
		8 - ' k a ; a p	
		9 - f g u h e a f x u r h	
	% H k 4	15 - e g o j s (16 & 30)	(1)
	% H k 5	17 - v i f B x j k a o d k o k	(1)
		18 - i k y s k u (v k p k j d)	(1)
		23 - l a n y s k u	(2)
J o . k o p u d k y			(3)
b f n u q i x g d k Z			
x h e l o d k k x g d k Z			
i q j o f u k	% P e r i o d i c I V j g g & i B 2 u h y w		
	O d j . k 3 - o . k o f n a		

Periodic - II

	fl r E j	d ky k k
v j g g	% i B&10 i jeoh p Ø fot sk v C y gehm (4) (doy xfrfof/)	
d { k xfrfof/	% i jeoh p Ø fot sk v C y gehm (4) m y f C ; l e d k o . k Z d j a A (f y f l k)	
	% i B&11 i j h k	(4)
d { k xfrfof/	% d g u h o p u (i e p a d h d g f u ; k) (e k f d) (2)	
	% i B&12 f i r k d k i - k i e n d s u l e	(3)
Q d j . k	% H k x 2 2- i ; k Z o l p h ' k n (25&36) (2) 3- f o y l e ' k n (39&57) 4- o l d k a d s f y , , d ' k n (25&36) 6- J f i l e f l u k f z ' k n (15&21)	
	% H k x 3 10- l k k	(1)
	11- l o z l e	(2)
	% H k x 4 15- e g o j s (31&45)	(1)
	% H k x 5 17- v i f B x l k a k o d l o k k	(1)
	25- f p - k o . k Z	(1)
	v D w j	d ky k k
v j g g	% i B&13 e h j k d s i n	(4)
Q d j . k	% H k x 3 12- f o l k k	(2)
	13- f Ø ; k d k y	(2)
	% H k x 5 18- i - k y f k u (v u l f p f d)	(1)
	20- v u l f p f d	(1)
Jo . k o p u d l S y		(3)
b P N u q i x g d k Z		

Annual Exam

	u o E j	d ky k k
v j g g	% i B&14 b Z o k a / Z	(4)
	i B&15 H j r d h j { l d l s k i	(4)
d { k xfrfof/	% H j r h l s k a d s i j k Ø e d k d l k Z f d l l k v i u n t q u h (e k f d)	(3)

Qldj.k	%Hkx 2	5- 'kñ d'Escursgñ	(3)
		2- i ; kZolph 'kñ (37&48)	
		3- foyle 'kñ (58&75)	
		4- okD kñdsfy, ,d 'kñ (37&48)	
		6- Jñl e fñuññ 'kñ (22&30)	
	%Hkx 4	15- eglojs(46&61)	(1)
	%Hkx 5	fp=k o.kñ	(2)
		fñl Eñ	d ky kñk
vjgñ	%i B&16	l i Qrk dkjgl;	(4)
	i B&17	'lñdsfynku dh T; kñ	(4)
Qldj.k	%Hkx 4	14- foyle fpgñ	(1)
		16- 'kñ okD i zñ	(1)
	%Hkx 5	19- dgñh yñku	(2)
Jo.k opu dñy			
bññuñi xgñk Z			
		t uojh	
vjgñ	%i B&18	u gñsu fñjkk dñseu dñs	(4)
d{k xñrfñf/	%vñññ	ññ yñku (uñ gñsu fñjkk dñseu dñs	
		(fyññ k)	
Qldj.k	%Hkx 5	17- vi fñ xñ kñ o dñkñk	(2)
		18- i=k yñku	(1)
		20- vñññ yñku	(1)
		23- l ññ yñku	(1)
i qñkññk %			
vjgñ	%Ist Periodic	i B&2 uñyw	
	Half-Yearly	i B&6 gñj dh tñ	
		i B&8 ññk dh 'kñ %fojñ dñyñh	
	Periodic II	i B&11 iññk	
Qldj.k	%Ist Periodic	1- Hññk	
	Half Yearly	6- ñññ xññ i B&ññ l ñk	
	Periodic II	12- fo' kñk	
		13- fññ k	

MATHEMATICS

Text Book : NCERT
 Ref. Book : New Learning Mathematics (APC)
 : Practice Manual
 : Test Worksheets (Chapterwise)

Periodic - I

		No. of Periods
April	Chapter-1 : Knowing Our Numbers	(12)
April & May	Chapter-2 : Whole Numbers	(13)
July	Chapter-7 : Fractions	(15)

Enrichment Activities : (In Maths Project File)

1. To paste the currency note and write its series number in Indian and International Place Value Chart. (Ch-1)
2. To verify that addition is commutative for whole numbers.(Ch-2)
3. To find the sum of two fractions. (Ch-7)

Classroom Activities : (In Practice Copy)

1. Write the successor and predecessor of vehicles numbers they own. (Ch-1)

Note : Activity File and Notebook will be assessed.

Half-Yearly

July	Chapter-3 : Playing With Numbers	(12)
July & Aug.	Chapter-8 : Decimals	(12)
August	Chapter-6 : Integers	(08)
Aug.+Sept.	Chapter-10 : Mensuration	(13)
September	Chapter-4 Basic Geometrical Ideas (Activity Based)	

Repeated Ch- 2 (Whole Numbers) & Ch-7 (Fractions)

Enrichment Activities : (In Maths Project File)

1. To perform addition of integers using two different coloured bindis. (Ch-6)
2. To represent the decimal numbers 0.4, 0.5, 0.75 on a 10×10 grid. (Ch-8)
3. To list all prime numbers from 1 to 100 by Erathosthenes Sieve's Method. (Ch-3)

Classroom Activities : (In Maths P.C.)

1. To introduce different parts of circle by paper folding. (Ch-4)

Note : Activity File and Notebook will be assessed.

Periodic - II

October	:	Chapter-11	Algebra	(8)
Oct.+Nov.	:	Chapter-12	Ratio and Proportion	(15)
Nov.+Dec.	:	Chapter-5	Understanding Elementary Shapes	(11)

Enrichment Activities : (In Maths Project File)

1. To make patterns of alphabets E using matchsticks. (Ch-11)
2. Construction of different types of angles by paper folding. (Ch-5)
3. Find the ratio of ages of all your family members to your age when you will be 18 years old.

Classroom Activities : (In Maths practice copy)

1. To make two parallel lines by paper folding.

Note : Activity File and Notebook will be assessed.

Annual Exam

December	:	Chapter-9	Data Handling	(12)
Jan. + Feb	:	Chapter-14	Practical Geometry	(19)
Feb.	:	Chapter-13	Symmetry (Activity Based)	(5)

Repeated Ch. : Ch-8 (Decimals), Ch-6 (Integers), Ch-7 (Fractions), Ch-10 (Mensuration), Ch-11 (Algebra), Ch-12 (Ratio and Proportion)

Enrichment Activities : (In Maths Project File)

1. To draw a perpendicular to a line through a point on it by paper folding. (Ch-14)
2. To represent the hobbies of the students on a bar graph. (Ch-9)
3. To determine the line of symmetry of a rectangle, square and a rhombus. (Ch-13)

Classroom Activities : (In Maths Practice Copy)

1. To draw the bisector of an angle by paper folding. (Ch-14)

Note : Activity File and Notebook will be assessed.

SCIENCE

Book : **Living Science (Ratnasagar)**
: **Practice Manual**
: **Science Practical Book**

Periodic - I

No. of Periods

Chapter-1 : Sources of Food (6)
Class Activity : 1. To find out ingredients and sources of some food items.
Chapter-2 : Components of Food (9)
Chapter-3 : Fibre to Fabric (8)
Class Activity : 1. To investigate cotton, silk and wool fabric.
2. To make cotton strands.

Subject Enrichment Activity : (To be done in Practice File)

1. To test the presence of starch in a food sample.
2. To test the presence of fats in a food sample.
3. To sprout some seeds (moong, channa).
4. To make weaving pattern of coloured paper.

Half-Yearly

Chapter-4 : Sorting Materials into Groups (9)
Class Activity : Experimental Investigation (To be done in Sci. Project File) : Activity-8
Diagrams : Molecules of water and vinegar
Chapter-5 : Separation of Substances (10)
Class Activity : To make saturated solution
Diagram : 1. Purification of water in the water works
2. Separating funnel
Chapter-10 : Living Organisms & Their Surroundings (4)
(Activity Based)
Chapter-6 : Changes Around Us (8)
Class Activity : To show certain physical & chemical, irreversible and reversible changes.
Chapter-8 : Getting to Know Plants (10)
Diagram : Parts of Plants, Parts of Flower

Repeated Ch. : Sources of Food

Subject Enrichment Activity : (To be done in Practical File)

1. To study solubility of different solid substances in water.
2. To study the solubility of different liquids in water.
3. To separate mixture of sand and water by sedimentation and decantation.
4. To separate mixture of mud and water by filtration.

Periodic - II

Chapter-9	: Body and its Movement	(10)
Class Activity	: 1. To observe various body movements. 2. To show X-ray image (Sci. Project File)	
Chapter-11	: Measurement & Motion	(09)
Class Activity	: Measurement using footstep.	
Chapter-12	: Light, Shadows & Reflection	(10)
Class Activity	: To make a Ray-box (Sci. Project File)	
Diagram	: Ray, Beam of light, Solar Eclipse, Lunar Eclipse	
Chapter-15	: Water (Activity Based)	(04)

Subject Enrichment Activity : (To be done in Practical File)

1. To measure the length & diameter of the given object. (pencil & ball)
2. To measure length of curved line using a thread.
3. To classify different objects into categories of transparent, translucent & opaque.
4. To show that light travels in a straight line.

Annual Exam

Chapter-13	: Electricity & Circuits	(09)
Class Activity	: To test whether a substance is conductor or insulator.	
Diagram	: 1. Some electric components & symbols. 2. Closed & open circuit 3. Electric circuit using symbols.	
Chapter-14	: Fun with Magnets	(08)
Class Activity	: Experimental Investigation (Activity-1)	
Diagram	: 1. Types of Magnet 2. Storing a magnet	
Chapter-16	: Air Around Us	(09)
Class Activity	: To show air occupies space. (Sc. Project File)	
Diagram	: Composition of air.	
Chapter-17	: Garbage in, Garbage Out	(08)
Class Activity	: To categorise variety of waste into bio-degradable and non-biodegradable.	
Chapter-7	: Living & Non-Living (Act. Based)	(04)

Repeated Ch. : Components of Food, Separation of Substances, Light, Shadow & Reflection.

Subject Enrichment Activity : (To be done in Practical File)

1. To connect a bulb with an electric cell in different ways & find the right way to connect a bulb and electric cell in which the bulb glows.
2. To show magnetic poles have maximum magnetic power.
3. To prove that a freely suspended magnet always aligns itself in a particular direction.
4. To study behaviour of poles of a bar magnet.
5. To show presence of oxygen in air.

SOCIAL SCIENCE

Book : Integrated - Ratna Sagar (7)
: Practice Manual

Periodic - I

April

No. of Periods

History	: Early Humans - I	(4)
Civics	: All Humans Beings Are Equal	(4)

May

History	: Early Humans - II	(4)
Geography	: The Earth & the Solar System	(6)

Subject Enrichment Activity :

Ch- The Age of Vedas
Act. Archaeological Survey (To be done in Project File) :
Prepare a survey report on Modern & Medieval civilization, involving vedic scriptures. (Individual).

Ch- Unity in Diversity
Act. Students will introduce themselves in any language apart from their own regional language. (Group)

Ch- Life in Village & Towns
Act. Prepare a questionnaire & conduct an interview with garland maker or a potter since they work in the second

(To be done in Project File) (Individual)

Half-Yearly

July

History	: The First Cities	(4)
	: Latitudes and Longitudes	(5)

August

Civics	: Democracy	(3)
	: The First Empire - The Mauryas (Map)	(4)

September

Geography	: Forms of Government	(4)
	: Motion of the Earth	(5)
	: Major Landforms of the Earth	(6)

Subject Enrichment Activity :

Ch- Early Kingdoms
Act. Imagine you live in Vatsa. Your grandparents who have experienced the simple life of the earliest periods have come to visit you. Write an imaginary conversation that you have with the. (Project File - Individual).

Ch- Culture and Science in the Ancient Period
Act. Zero was the gift of India to the world. Find out more such 'gifts' that India has given to the world. Make a list of such activities. (Project File - Individual)

Repeated : Earth & Solar System

Periodic - II

October

History : The Gupta and Post-Gupta Period (Map) (5)
Civics : Panchayati Raj (3)

November

Geography : Major Domains of the Earth (5)
Civics : Local Self Government in Urban Areas (4)

December

Geography : India- Climatic conditions (5)

Subject Enrichment Activity :

Ch- Globes and Maps
Act. Designing a magnetic compass. (Group activity)
Ch- India - Natural Vegetation & Wildlife
Act. Creating a newspaper page. Take a chart paper and design it to look like a newspaper page. Now write an interesting fun facts about bird sanctuary & paste attractive pictures. Give a catchy title to it.

Annual Exam

December

History : The Post-Mauryan Period (4)
: The Growth of New Ideas (4)

January

Civics : Rural Livelihood (3)
: Urban Livelihood (3)
: District Administration (5)

Repeated Chapters : The First Cities, Democracy, Local Self Govt. in Urban Areas.

Subject Enrichment Activity :

Ch- India - Location & Political Divisions
Act. On a political map of India, mark through which tropic of cancer passes. (Individual - Project File)
Ch- Studying the Past
Act. Find out various sources of history and make a collage for the same.

COMPUTER

Books : Tools 16 (KIPS Publication)

PERIODIC - I

- Chapter 1 : Computer Language (4 periods including activity)
Chapter 2 : More on Windows 10 (4 periods)
Chapter 3 : Enhancing a presentation (6 periods including activity)
Activity 1 : Write about any latest ICT Invention in MS-Word. Apply the heading style, font style and font colour.
Activity 2 : Create a presentation (4-5 slides) on the topic "Plastic Waste Management".

HALF YEARLY

- Chapter 7 : Log On to Flash CS6 (5 periods)
Chapter 8 : Working with Flash CS6 (7 periods including activity)
Chapter 11 : Internet Services (3 periods)
Activity : Create a comic scene in Flash.

REPEATED CHAPTER

- Chapter 3 : Enhancing a presentation

PERIODIC - II

- Chapter 5 : Microsoft Excel 2016 (6 periods including act)
Chapter 6 : Formulas and Functions (6 periods including act)
Activity 1 : Create a worksheet on "Party Expenditure" and format the worksheet.
Activity 2 : Create a Student Progress Report containing Oral and Written marks of 5 students. Also calculate the total and average of the marks.

ANNUAL EXAM

- Chapter 9 : Introduction to MS Small Basic (5 periods)
Chapter 10 : Control statements in Small Basic (7 periods including act)
Activity : Write a program to check whether the given number is prime number or not.

REPEATED CHAPTERS

- Chapter 1 : Computer Language
Chapter 5 : Microsoft Excel 2016
Chapter 6 : Formulas and Functions
Chapter 8 : Working with Flash CS6
Chapter 11 : Internet Services

GENERAL KNOWLEDGE

Book	: Wow ! World within World (Eupheus Learning)	
Month	Topic	Page No.
May	1. Wonders of the World	7-9
	2. World Tour	10-13
	Current Affairs	
July	3. Astonishing Asia	14-18
	4. Incredible India	19-21
	5. For a Cause	22-25
	Current Affairs	
August	6. Mammal Mania	26-29
	7. A new leaf	30-32
	8. Musical Melody	33-36
	9. Let's Dance	37-39
	Current Affairs	
September	10. Water over the dam	40-42
	11. Cross the bridge	43-45
	12. Classical Buildings	46-48
	13. Raising the brand	49-51
	Current Affairs	
Oct. & Nov.	: 14. Science Bulletin	52-54
	: 15. Election Time	55-57
	Current Affairs	
December	: 16. Power of Words	58-61
	17. Be a Sport !	62-65
	Activity-1 Environmental Changes	66
	Activity-2 Taj Mahal	67-68
	Current Affairs	
January	: Test Paper - 1	69
	Test Paper - 2	70
	Test paper - 3	71
	Current Affairs	

FRENCH

Book : Enchanté-1

1st Periodic

Leçon-0 Bonjour la France !

Leçon-1 Les lettres et les nombres

Leçon-2 Les Salutations

Grammaire : Les lettres, Les Accents, Les Nombres (1 à 20)
Formules de Salutation

Écriture : Présentez- vous en vos mots, Les Conversation
Informelle et formelle

Enrichment Activité : 1. Écoute et Répondez aux questions
2. Faites un Dictionnaire

Half-Yearly

Leçon-3 À la Cantine

Leçon-4 Les Objets et les gens

Leçon-5 La Chambre d'Alain

Leçon-2 Les Salutations (Repeated)

Grammaire : Conjugation du verb <<être>>, les prenom
personnels, les articles Indéfinis Les adjectifs
expressions avec Qu'est-ce que c'est ? et Qui
est-ce ? Conjugation d'avoir, les articles
définis, Mettez les phrases au pluriel, féminin,
les nombres (21 à 100)

Écriture : Présentez-votre Professeur et votre meilleur(e)
ami(e) avec les adjectifs

Enrichment Activité : 1. Faites la carte d' Identité
2. Faites la collage-Connaissez-vous la France?

Periodic II

Leçon-6 Le ciel bleu, le parc vert

Leçon-7 C'est le week-end !

Grammaire : Conjugation du verb <<aller>>, Les adjectifs,
les couleurs, les Saesêns, les jours dela
Semaine, les mois de l'Année

Écriture : 1. Poser la question, Parler des Saisons
2. Présentez votre frère et votre Soeur

Enrichment Activité : 1. Présentez-vous avec les adjectifs en vos mots
2. French Quiz

Annual Exam

Leçon-8	Une Sortie entre amis
Leçon-9	Où habites - tu ?
Leçon-10	La famille d' Alain
Leçon-0	Bonjour la France !
Leçon-4	Les Objets et les gens
Leçon-7	C'est le week-end ! (Repeated)
Grammaire :	Conjugaison des verbes "er", la nourriture, L'accord des nationalités, les adjectifs possessifs, Les adjectifs, les adjectifs Indéfinis, Les Jours de la Semaine
Écriture :	Présentez quelqu'un en vos mots, Présentez votre père et votre mère, Présentez votre famille
Enrichment Activité :	1. Présentez quelqu'un en vos mots. 2. Faites une affiche.

Leçon

i B- & t d	%fnOe-Hk&1
Ist Periodic	
<u>vi</u>	
i B-i t d	%i B&1 I B r o. k
	i B&2 'k i fjp;
	i B&3 I o k i fjp;
Q d j. k	%fgdh l sl B r H k k eav u q n
<u>ebZ</u>	
i B-i t d	%i B&4 / k q i fjp;
Q d j. k	%l a n y f k u j v i f B x l k k

Enrichment Activities

- 1- ^ee i fjp; * & i x p o k u (e k d)
 - 2- I k k 'k & 'k d k k (f y f k) (f p k f g r)
- x d e l o d k k d k Z & / k q i k k y V- y d k s n k / k o % f y [k
- i B u e j- x e j- n k v l j- N] L k g j- f y [k / l o- b r k n
- n s j y r k 'k i k k d B k d j. k a

Half-Yearly

t g kZ

i B-i t d	%i B&5	i B&5 i B&5
	i B&6	e e e i B&6
	i B&7	n i B&7
Q d j . k	%' k i k k & n j y r k	
	<u>v x l r</u>	
i B-i t d	%i B&8	v Q ; i n k u
	i B&9	d j d & i f j p ; %
	i B&10	d k z d j d %
	i B&11	d e z d j d %
Q d j . k	%f p o . k e j / k q i k k & y V - y d j s i a n r v u k n %	
i q j o f u k	%L E v i z i B - O e	

II Ind Periodic

v D w j

i B-i t d	%i B&12	d j . k d j d %
	i B&13	I E z k u d j d %
	<u>u o E j</u>	
i B-i t d	%i B&15	I a d j d %
	i B&16	v f / d j . k d j d %
	i B&17	I E k s u e ~
Q d j . k	%l o z e i n k u & r r j , r r j b n e j f d e ~	
	I a k j f p o . k e j v i f B x j k k	

Enrichment Activities

- 1- r r j , r r j b n e ~ f d e ~ & , r s i n s i x p o l d k u j p ; r A
- 2- } ; k N k k e e s o k k e ~ A

Annual Exam

f n l E j & u o j h

i B-i t d	%i B&18	I k k k k u (' y k l %
	i B&19	e e i f j o k %
	i B&20	y V - y d j s (H k o ; r ~ d k y %
Q d j . k	%y V y d j % (n k u e j x e j L F k i f j o r z k y / k o %	
	y V y d j % (v i f j o r z k y / k o %	
	v i f B x j k k I a k j i e j I a n r v u k n % A	
i q j o f u k	%i B&5	g j 7 r F k II P r i o d i c I E v i z i B - O e A

COUNSELLING CLASS TALK

Months	Topic
April	1. Hard work leads to success 2. Feelings, touch and looks : A Poem (POCSO) 3. Gender Stereotype
May	1. I love myself 2. Granny writes a letter about strangers 3. Gender discrimination
July	1. Love and respect elders 2. Self esteem keeps you happy and safe 3. Gender Equality
August	1. Laziness : Biggest enemy of success 2. What do I feel : A Poem 3. Gender Responsibility
September	1. Family time and importance 2. Your body also speaks 3. Gender awareness
October	1. Use your intelligence wisely 2. Growing up - a story 3. Gender language
November	1. Helping behaviour 2. 7 step guide to safety (POCSO) 3. Gender and Relationship
December	1. My healthy food basket 2. Plan what to do in emergency (POSCO) 3. Gender sensitivity
January	1. Peer interaction 2. Secret gift and surprises 3. Gender respect
February	1. Beat the Exam Heat 2. Trust your feelings 3. Gender Empowerment

LIFE SKILLS

Book	: Dew Drops
April	: Ch-Optimism : The power of positive thinking * Face your fears with faith * We become, what we think * Positive Attitude
Value Card Act.	: 1, 2

May	: Ch- Optimism
	* Hope changes everything
	* Optimism builds persistence
	: Ch-Communication : The power to connect
	* Good communication skills
	* Bad communication
Value Card Act. :	3
July	: Ch-Communication : The power to connect
	* The power of communication
	* Listening skills
	* Conflict resolution
Value Card Act. :	4
August	: Ch-Communication : The power to connect
	* Communication styles
	: Ch-Humanity : Above all Religions
	* Responsible citizens
	* Heroes of Humanity
Value Card Act. :	5, 6
September	: Ch-Humanity : Above all Religions
	* Donate 'n' Feel Great
	* Random Acts of Kindness
	* Race to save the planets
	* Respect all
Value Card Act. :	7
October	: Ch-Team Work : None of us is as smart as all of us
	* Together everyone achieve more
	* A good team player
	* Learning from Ants
	* The joy of Teamwork
Value Card Act. :	8
Novemeber	: Ch-Team Work : None of us is as smart as all of us
	* Dealing with team
	* Reason behind bullying
	* Ways of bullying
	* Words can hurt
Value Card Act. :	9
December	: Ch-Team Work : None of us is as smart as all of us
	* Don't spread hurt
	* Popularity true on fake
	* Stop bullying & make a difference
Value Card Act. :	10

ART & CRAFT

Book	: Art Craft and Me
April	: Fundamentals of Art, Elements of Art, Perspective, Drawing with shapes
May	: Still life study, Vegetables and Fruits, Nature Study
July	: Human form study, Human face and features, Human expression and emotions, Human proportion, Stick figure
August	: Portrait study, Huts & Boat House, Independence Day
September	: Land, Water, Air Transport
October	: Composition (Animals) Landscape with oil pastels Art & design (calligraphy)
November	: Poster design, Save Tree Save Earth, Pollution
December	: Cartoon & Caricatures, Zentangles
January	: Madhubani Painting, Tile Painting
February	: Completing the syllabus and submission.

DANCE

April & May	: Introduction of Indian Classical Dance Forms * Teen Taal Theka, Padhant * Basic Foot working
July/August	: Tatkar, Eakgun, Dugun, Chougun * Practice of Hastak * Tatkar Ke Tihai
Oct./Nov.	: Tukda, Tihai, Toda, Lay Baat : Short note, Sam, Tali, Khali : Vibhag Avartan : Knowledge of Katha Gharanas
Dec./Jan	: Indian Folk Dance
Feb.	: Angikam (Shiv Stuti)

MUSIC

Vocal

April	: Sanskrit Shloka Chanting (Shubham Kurutvam..)
May	: School Song & Alankars
July	: Rajasthani Folk Song (Rangilo Saawan Aayo Re)
August	: Patriotic Song
September	: Bhajan of Lord Rama & Lord Krishna
October	: English Prayer (You are my all in all)
November	: Save Girl Child Song (Bekhauf Azad hai jeena mujhe)
December	: Christmas Carol

January	: Save Trees Song (Naa kaato mujhe)
Feb. & March	: Annual Assessment
	<u>Instrumental</u>
April	: Introduction of various parts of Tabla Revision of previous lessons (if any) Basic part practice
May	: Advance part practice. Basic patterns on Congo
July	: Starting of basic Kaida in Teentaal
August	: Continuation of the Kaida. Basic rhythms on Congo
September	: Revision and Half-yearly Assessment
October	: Complete the Kaida with Tihai Definition of various terms in Tabla
November	: Basic pattern of Keherwa (8 beats) Rhythm patterns of 8 beats on Congo
December	: Variations of Keherwa
January	: Basic pattern of Dadra (6 beats)
	: Rhythm patterns of 6 beats on Congo
February	: Revision + Annual Assessment

PHYSICAL EDUCATION

April	: <u>Table Tennis</u> Physical Exercise, Basic Rules of the game, Shadow practice of forehand and backhand.
	: <u>Basket Ball</u> Physical exercise, Low Dribbling & High dribbling, basic rule & Regulation
	: <u>Cricket</u> Rules and Regulations of the game, Physical exercise, Shadow practice.
	: <u>Badminton</u> Basic Rules and Regulations of the game, Physical exercise, Holding the racket with proper gripping
May	: <u>Table Tennis</u> Physical exercise, holding the racket with Forehand grip, playing forehand counter.
	: <u>Basket Ball</u> Introduction of the ground marking, measurement, dribbling with both hands, Passing drill start
	: <u>Cricket</u> Physical exercise, forward defense, back foot defence.

July	:	<u>Badminton</u>	Physical exercise, Introduction of forehand and backhand + footwork
	:	<u>Table Tennis</u>	Physical exercise, playing forehand and backhand counter, tossing of ball for service.
	:	<u>Basket Ball</u>	Passing drill, upper pass, lower pass, bounce pass, overhead pass drill, shooting drill start, Lay up shot start.
	:	<u>Cricket</u>	Physical exercise, running between the wickets, gripping of the bat
August	:	<u>Badminton</u>	Forward+Backward running + Proper hitting of the shuttle, Types of service to be introduced.
	:	<u>Table Tennis</u>	Physical exercise, playing forehand and backhand push, forehand drive.
	:	<u>Basket Ball</u>	Lay up shot & jump shot practice, all passing drill practice and shooting practice.
	:	<u>Cricket</u>	Physical exercise, Straight drive, off drive, cover drive
September	:	<u>Badminton</u>	Introduction of the strokes i.e. toss, drop, smash with clearing of shuttle in the court.
	:	<u>Table Tennis</u>	Physical exercise, forehand drive and forehand top spin, push from both side.
	:	<u>Basket Ball</u>	Team introduction & play the game. Matches with proper rule & regulation, Offence & defence drill start.
	:	<u>Cricket</u>	Physical exercise, Catching practise, throwing practice
October	:	<u>Badminton</u>	Playing of knock outs with proper rules and regulations+Playing knock outs in half and full court.
	:	<u>Table Tennis</u>	Physical exercise, side spin serve, backhand push and backhand role.

November	: <u>Basket Ball</u>	Defence practice start, Man to Man & Zone defence practice, Lay up shot & shooting practice start.
	: <u>Cricket</u>	Physical exercise, bowling stance with ball in hand, running practise.
	: <u>Badminton</u>	Physical exercise, shadow practise with proper cooling down, proper hitting of smash.
	: <u>Table Tennis</u>	Physical exercise, over spin serve, backspin serve, push serve
	: <u>Basket Ball</u>	Defence practice, match practice, shooting practice, lay up shot, handling the ball among the players.
December	: <u>Cricket</u>	Physical exercise, fielding practice, high catching practice
	: <u>Badminton</u>	Physical exercise, cross corners practice + 3 corners practise, front and back smash.
	: <u>Table Tennis</u>	Physical exercise, blocking top spin from forehand and backhand side.
	: <u>Basket Ball</u>	Zone to Zone & Men to Men practice & Match practice.
	: <u>Cricket</u>	Physical exercise, discuss about the strategy of Match
January	: <u>Badminton</u>	Warming up, 4 corners practise, tap hitting from net.
	: <u>Table Tennis</u>	Physical exercise, playing match with all rules, applying all the skills.
	: <u>Basket Ball</u>	Match with proper rules.
	: <u>Cricket</u>	Match with all rules.
	: <u>Badminton</u>	Matches of student's amongst them with proper rules and regulations.

YOGA

April

- ☞ Introduction of Yoga
- ☞ Yoga for children
- ☞ Sukshma vyayama (Minor joint movement practices)
 - * Griva Shakti vikasak kriya (I, II and III)
 - * Purna Bhuj Shakti Vikasak kriya (I, II and III)
 - * Kati Shakti Vikasak (I, II, III and IV)
- ☞ Asanas
 - * Introduction to Asanas
 - * Tadasana
 - * Tiriyaka tadasana
 - * Hasttotanasana

May

- ☞ Chanting of Om
- Sukshma Vyayama
 - * Jangha Shakti Vikasak (chair pose)
 - * Pindali Shakti Vikasak
 - * Pada Mula Shakti Vikasak
- ☞ Asanas
 - * Padhastasan
 - * Katichakrasana
 - * Veerbhadrasana I
 - * Veerbhadrasana II
 - * Vrikshasana
- ☞ Pranayama (Benefits of Pranayama, Importance of Pranayama)
 - * Anulom Vilom

July

- ☞ Recitation of Hymns from Upanishads and Yoga Texts
- ☞ Asanas
 - * Ardhakatichakrasana
 - * Dandasana
 - * Natrajasana
 - * Ardhpaddmasana
- ☞ Pranayama
 - * Sheetal
 - * Shitkari
- ☞ Breath meditation

August

- ☞ Asanas
 - * Vajrasana
 - * Dadmasana
 - * Brahmacharyasana
 - * Baddha Konasana
 - * Trikonasana/Triangle pose
 - * Parshavkarasana
- ☞ Pranayama
 - * Chandra bhedi
 - * Surya bhedi
- ☞ Meditation

September

- ☞ Asanas
 - * Janushirshasana
 - * Paschimotanasana
 - * Purvottanasana
 - * Vajrasana
 - * Ardhmatsendsyasana

- ➔ Pranayama
 - * Bhramari
- October**
- Introduction : Surya Namaskar
- ➔ Asanas
 - * Gomukhasana
 - * Shalabhasana
 - * Mandukasana
 - * Bhadrasana
- ➔ Pranayama
 - * Bhaskika
- November**
- ➔ SURYA NAMASKAR/ASANAS
 - * Bhujangasana (Various steps)
 - * Ushtrasana
 - * Dhanurasana
 - * Sashankasana
- ➔ Pranayama
 - * Nadishodhan
 - * Bhramari
- December**
- ➔ SURYA NAMASKAR
 - * Suptvajrasana
 - * Sarvangasana
 - * Halasan
 - * Setubandhasana
- ➔ Pranayama
 - * Suryabhedhi Pranayama
- ➔ Meditation
 - * Om Chanting
 - * Breathing
- January**
- ➔ Surya Namaskar
- Asanas
 - * Marjaryasana
 - * Naukachalasana
 - * Chakkichalasana
- ➔ Pranayama
 - * Kapalbharti
- Mudras of Hand
- February**
- ➔ Surya Namaskar
- ➔ Asanas
 - * Chakrasana
 - * Mahavirasana
 - * Hastikshundasana
 - * Pawanmuktasana
- ➔ Pranayam
 - Kapalbharti
- Mudras

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