



Mount Abu Public School

Sector-5, Rohini, Delhi-110085



NEWSLETTER CLASSES XI-XII NOVEMBER- DECEMBER 2019

Dear Parent

Season's Greetings!!!

They say a picture speaks a thousand words, because when you look at the picture, the brain remembers and feels better with visual content. Even when you're reading a novel, you picture the scenes in your head. They help you to feel more deeply. Try to read a novel without visualizing. Its next to impossible. And even if its possible, i bet its no fun.

That is why they say, that a picture is worth a thousand words. Here we have a collage of motivational images for inspiring our students to understand that the sky is the limit if one decides it to be so.

We, at Mount Abu are continuously trying to achieve milestones and leaving no stone unturned in instilling in the students the power of self-confidence and make them understand the value of the phrase "well done is better than well said"



INNOVATIVE TEACHING -THE STRATEGIC LEARNING EXPERIENCE AT MOUNT ABU WINS LAURELS



Mount Abu Public School' is Ranked No.1 in India under the Top CBSE School - Parameter wise for "Innovative Teaching" in a survey conducted by Education Today. The award is a true reflection of the innovative ways of teaching employed by the faculty for making the subject more interesting and impactful. The felicitation of the school is another recognition the school got for its effort to bring revolutionary changes in the education field and making the teaching learning process better and trendy.



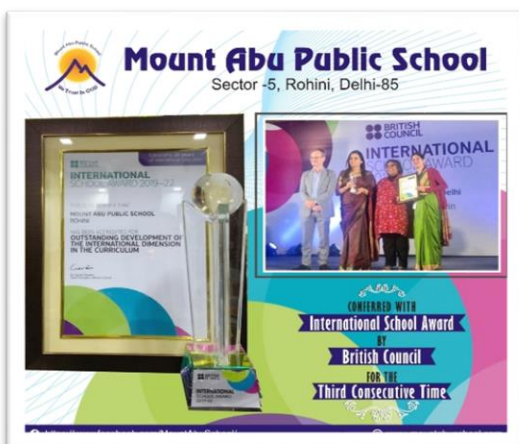
PRINCIPAL APPRECIATED FOR BEING AN EMINENT SPEAKER

The School Principal, Mrs. Jyoti Arora was an esteemed panelist at the highly prestigious **2nd School Innovation Summit** launched by **Sh. Manish Sisodia, Dy. Chief Minister & Education Minister, NCT Delhi**. She enlightened the audience with her valuable thoughts and ideas on Paradigm Shift in Education in light of

NEP - Road ahead for Indian School Education Ecosystem.

INTERNATIONAL SCHOOL AWARD 2019-22

The School was conferred with prestigious **International School Award** by **British Council** at a grand ceremony organised in Delhi on **6th December 2019**. The award is a recognition of the school's relentless efforts to incorporate internationalism in the curriculum and develop among students the global citizenship so that they march ahead with confidence in this interconnected and interdependent world. The award is a benchmark of incorporating among students an acknowledgement and appreciation of diversity that exists on this planet. This is the third consecutive time that the school has achieved this distinctive feat.



ACCOMPLISHMENTS

TIMES EDUCATION ICON AWARD



The school Principal Mrs. Jyoti Arora received the TIMES EDUCATION ICON AWARD for her exemplary leadership that inspires others to work collaboratively and creatively. Further, the school was ranked no. 6 in Times School Survey North Delhi Leaders by the leading National daily, Times of India. The recognition is a

testimonial of the school's endeavors to impart skills and knowledge that equips learners to be the global citizen and become champions of their own success.

GLORIOUS ACHIEVEMENT AT THE STATE LEVEL

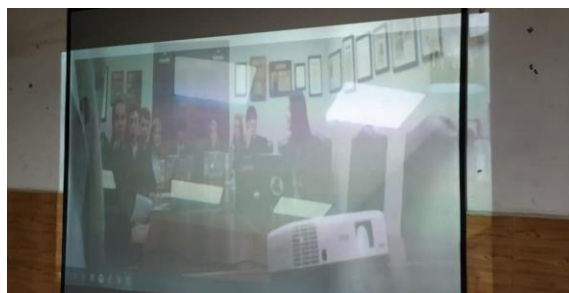


The School students won the first position at **State Level Folk Dance Competition** where they performed "**Dhol Cholam**" - **Traditional Folk Dance from Manipur** and emerged as Champions by outshining all the contestants. The students will now compete at National Level to be held in Bhopal. Wishing them good luck and success for all their efforts.

SKYPE SESSION

SESSION WITH GERSTELL ACADEMY, USA

The School organized a Skype Session with Gerstell Academy, USA on Global Climate Change on 5th December 2019. The students interacted with each other and showcased their presentations that highlighted the causes and catastrophic consequences on the Climate Action. They also analyzed the present situation and reviewed the impact of Climate Change in next 5 years. The students discussed the potential solutions to the climate change and how they as individuals can contribute to combat pollution and stop further deterioration of our environment. The students deliberated on the pathways to reach the goal and decided to support the trajectory of using biodiesel and electric vehicles. It was a highly enriching experience for the young learners to get acquainted with the efforts taken by people all across the globe for a sustainable society.



CBSE NATIONAL LEVEL CHESS CHAMPIONSHIP 2019

EVENTS

Mount Abu Public School, Sector 5 Rohini hosts **CBSE NATIONAL CHESS CHAMPIONSHIP 2019** FROM 9th November to 12 November 2019 wherein 700 participants from across the Nation and Gulf countries will compete .The inaugural day witnessed the presence of Distinguished Dignitaries Shri Anurag Tripathi IRPS ,Secretary CBSE



and Shri Sushil Kumar Jee, An Olympic Medalist & Padma Shree Awardee who graced the occasion with their benign presence along with Chairman of the School Shri D.N Arora, Managing Director Shri Bharat Arora, Manager Dr. Krishna Rawal ,Members of SMC of the school and Principals from various reputed schools of Delhi. The day began with welcome song followed by March Past by participants to exhibit the essence of sporting skills .The esteemed guests administered the Oath for the children

to keep alive the sporting talent and competitive spirit high in them. A video on history of chess in India was remarkable & left a deep impression on everyone mind. A chess dance highlighted the Game of chess as the ancient Game of India and its rich inheritance. The celebration also witnessed the Release of School Magazine “Sankalan” by the eminent guests.



VISIT TO INDIA INTERNATIONAL SCIENCE FESTIVAL

"The science of today is the technology of tomorrow."

INDIA INTERNATIONAL SCIENCE FESTIVAL 2019, held at the city of joy, Kolkata from 5th - 8th Nov.'2019, was a great platform for all the young learners to acquire profound knowledge about the science and technology. With the increasing applications of science and technology in the today's world, the students were all set to gather as much knowledge as possible. The event was inaugurated by our hon'ble Prime Minister Sh. Narendra Modi on a video call followed by the lectures of some renowned scientists at the Biswa Bangla Convention Centre (BBCC). The students performed various hands-on chemistry experiments, observed the experiments involving the concepts of physics, learnt the concepts of maths in a fun filled way through the maths lab activity, attended a session on bio science and seminar which focussed on various scientists and their discoveries. The workshops, the seminars, the expo, and the cultural programmes, were fabulous and provided a great exposure to all. This event could inspire many young and creative minds and help in achieving India's long term vision of developing and widening the spectrum of scientific temper in India and abroad.



SAMVIDHAN DIWAS

The school celebrated **SAMVIDHAN DIWAS** - celebrating 70th anniversary of the adoption of the constitution of India on 26th November 2019 with full gusto and enthusiasm. The day started with the Special assembly of the students in which the honourable PM Modi's message was shared with the students. The students took the pledge of keeping the country united and feeling proud of our heritage, showing respect towards fellow countrymen. The Vice head girl read the Fundamental Duties of the



Constitution and the Vice head boy read the Preamble of the constitution. The school Principal addressed the students to become dutiful citizens, students and children.

Various activities were conducted in the classes to mark the occasion.

Class XI - Children visited Dr. Ambedkar National Memorial, Civil Lines on the occasion to catch the important glimpses of the life and works of the Father of the Indian Constitution.



U14 (T10)GIRLS CRICKET TOURNAMENT KICKED OFF AT MOUNT ABU SCHOOL



Mount Abu School Sector-5 Rohini became the first School in Delhi to be the proud organizer of U-14 Girls Cricket Tournament with about ten school girls cricket team to show their cricketing skills. The four day event from 18 December to 21 December 2019 was inaugurated on 18 December 2019 in the benign presence of eminent cricketers **Mr. Sarvan Gupta, Ms. Manjeet Kaur and Ms. Neha Chhillar** who are the famous icons in the cricket field and have brought laurels to the Nation by producing famous cricketers and leaving a mark in the Ranji Trophy Cricket. The four day event will

witness two days training camp and two days tournament. The training camp comprises of various important sessions like physical fitness exercise, session by Nutritionist etc. which will further prepare the girls for their final show. The Principal extended her gratitude to the eminent cricketers for being a part of the inauguration ceremony and encouraged the girls for their competency skills and enthusiasm & love for cricket U-14 girls.

FIT INDIA WEEK CELEBRATION

'To carry forward the spirit of **"Fit India"** the vision of Honorable Prime Minister and disseminate the message of being fit through **"FIT INDIA WEEK"** programme, an initiative taken up by the Central Board of Secondary Education, CBSE, Mount Abu School will celebrate the Fit India Week commencing from 5th December 2019 to 11 December 2019 wherein a plethora of activities will be carried out to create mass awareness on the fitness issue with the prime objective of the program to indulge school children in active field time than passive screen time. All the activities planned



for the children to perform during the weeklong celebration are focused around the concept of staying fit through sports and fun filled activities. The celebration on the first day of the week commenced with performance of some common physical exercises like Aerobics by the students from class Pre School to XII and teachers followed by different activities at different levels.



BLESSINGS DAY 2019

Mount Abu Public School organized “**Blessings Day**” for the students of class XII. It was a morning of mixed emotions on December 28, 2019 as the elegantly dressed up students reminisced the beautiful journey they undertook in their alma mater. The ceremony began with a small hawan followed by the title giving. A



scintillating talent hunt was also organized

which encompassed myriad performances recounting the significant moments that spoke remarkably of the students fun filled learning expedition. The Chairman, Sh. D. N. Arora blessed the students for a bright and prosperous future and the Principal, Ms. Jyoti Arora wished the students a blissful journey with plentiful accomplishments and unparallel success. With a winning aplomb Shubhanshu Rao and Kiran Chabbra won



everyone's heart and received the title for Mr. and Ms. MAPS. The day was thus festooned with a flurry of activities which ended with a lunch followed by small bon-fire.

EK AAS EK PRAYAS.. A NOBLE INITIATIVE

Under the school's noble initiative, Ek Aas Ek Prayas, this month the students collected woolen socks, gloves and caps. The collection was distributed on 28th January 2019 among the underprivileged people. Students got an opportunity to lend a helping hand to the needs of underprivileged ones. The act of giving made the students glow with joy as a little contribution from their side to the needy.



COMMUNITY SERVICE

TREE PLANTATION

A small contribution of Mount Abu School Family to fight against pollution.

To protect the environment for future generation, teachers of the School, planted more than 100 plants in a park near Sector -18 Rohini. Staff also promoted carpooling and public transport usage during these days, as a small gesture to fight against deadly pollution when Delhi air is towards emergency. The school strongly believes and urges to every citizen of the country to do a bit to protect environment.



WORKSHOP

SESSION ON ZERO PLASTIC TOLERANCE



Mount Abu school organized a session on zero plastic tolerance wherein the speaker Dr Judi Lowe Renowned marine conservationist from Australia, made the students aware about the **UNDP PLASTIC WASTE MANAGEMENT CAMPAIGN**. She showed a presentation on how plastic waste is being consumed by animals on land as well as oceans and causing a great threat to the lives and

spoiling the environment. She guided children to preserve the sanctity of rivers and oceans by not littering them with plastic and stop using the items made out of single use plastic as they are not biodegradable and release toxic gases in the environment and makes it unfit for survival. Even the air that we breathe is polluted due to the careless attitude of we humans, who ideally should be the protectors of nature. She along with her colleague, Mr. Nimish, a representative of UNDP, encouraged the children to adopt the ways to segregate the waste into dry and wet at home so that the waste could be easily decomposed without any danger of toxins being released and each student to feel concerned for the cause as little effort by each will produce drastic change in the mindset of many.



PSYCHOMETRIC ASSESSMENT FOR CLASS XII

MAPS Career and Guidance Center conducted Psychometric Assessment for class XII to aid the students to choose a suitable career path. The assessment took place online for 45 minutes on five dimensions: Style, Interest, personality, aptitude and emotional quotient. Students were provided with personalized report. Resource Person Ms. Gurpreet from UPES Dehradun helped them understand their strengths and areas of interest for higher education.



ASSESSMENT

A MOMENT OF REFLECTION" PHOTOGRAPHY EXHIBITION AT IIC

At least 50 students from Mount Abu Public School visited "A Moment of Reflection" Photography Exhibition at IIC Annexe Art Gallery in Lodhi Garden.



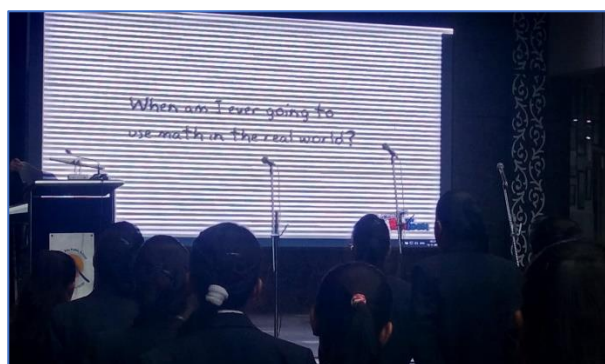
They enthusiastically ask questions and challenged to respond any questions from the tour guide specially provided for this exhibition.



VISIT

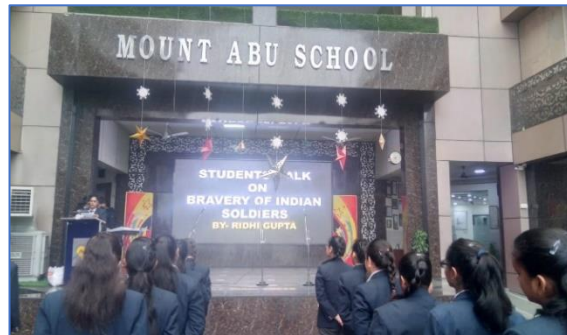
SPECIAL ASSEMBLY ON NATIONAL MATHEMATICS DAY

On 13 December 2019, the students of class XI C conducted a special assembly on the National Mathematics Day which remarkably endeavoured to extend the knowledge horizons of the students. An interesting quiz was conducted to ensure the practical application of the students' learning in a fun-filled way. Besides, a riveting video was also showcased to bring out the importance of Mathematics. It rightly laid emphasis on developing logical and critical thinking. Not just this, in the light of the school's initiative to apprise the students to eat right, the school also brought out the importance of right food choices which are important for maintaining a robust health. Special thoughts in English and Hindi were presented. Recent news was also put forward to enlighten the students of the current happenings around the world and in the nation. Thus the assembly beautifully concluded by the presentation of a book review of the book 'Matilda' by Roald Dahl which was further followed by the National Anthem.



SPECIAL ASSEMBLY ON CHRISTMAS

The rich and vibrant festivals of India are a testimony to its diverse traditions and culture. The students of class XI D conducted a special assembly on Christmas on 20th December 2019. A number of activities were staged to set the festive mood, that included the students talk followed by a beautiful video that showed the importance of festivals which forge a bond of love and companionship and are thus a break from the mundane routine. A speech on the prestigious, 'Paramveer Chakra' was also delivered where the students beautifully gloated about the highest military decoration which is received by the men of steel like Naik Jadunath Singh, Maj. Somnath Sharma etc. who with their supreme and selfless bravery have won the country's highest wartime gallantry. A special video on Eat Right was also presented which beautifully intended to bring out the importance of making the right food choices. The students also kept forth the updates of the daily news. A quiz was also conducted to judge student's learning in a fun filled way. The assembly culminated by giving a tribute to the nation.





RESULT AT A GLANCE



INTER SCHOOL COMPETITIONS

DATE	Name of the event	Venue	Participants	Result
3.12.19	ENVIRO HEALTH	Heart Care Foundation of India, Asiad Village, Khel Gaon	Aryan Gupta, Kushagra Jarwal(XI)	III Position with Cheque of Rs 3000/-
19.11.19	RAMJAS INTER SCHOOL DEBATE COMPETITION	NDMC Convention Centre, Sansad Marg	Arpita Salaria (XI)	III Position

Always looking for your heartfelt support & cooperation.

Thanks & Regards

Jyoti Arora
(Principal)

Rannu Pathak
(Sr. Co-ordinator)