Mount Abu Public School



Sector -5, Rohini, Delhi -110085

NEWSLETTER CLASSES XI-XII (JULY-SEPTEMBER 2021)

Dear Parents

The world is striding back to normal work environment that we all had been familiar with. The school classrooms are again bustling with chirpiness of the students, the playground is full of cheers and groans, pealing of the bells... all brings alive the otherwise the silent building. As another phase of the academic session begins, we look forward to your cooperation in encouraging children to come to the offline school regularly, participate in academic, co-curricular and extracurricular activities and make their learning more effective and enjoyable.

Kindly note:

- The school has resumed offline classes for students of classes XI to XII. You are requested to ensure that students are well informed of the standard operating procedures to be followed while at school. Students must wear face masks at all times and maintain social distancing.
- The school is starting with the Mock Pre-Board for class XII from 21st October, 2021. It is mandatory for all the students to appear in this examination.
- CBSE will soon begin the process of registration of students for class XI. The personal and the academic details have already been asked to fill by the students. Parents are requested to follow all timelines related to submission of documents and signing of the LOC (List of Candidates). Change of subject will not be allowed after CBSE registration.
- It is important that students are regular in attending classes. It has been observed that some students are irregular for the classes scheduled on a particular day. Parents are requested to ensure that the child is present for all classes. In case the child is not able to attend classes due to some unavoidable reason, a mail should be sent to the class teacher clearly stating the reason for absence.
- Any application mailed to the school must be addressed to the Principal, giving the name of the student, her/his class and section and admission number.
- In the case of the medical leave, a medical certificate with the photocopy of the doctors' prescription should be attached.
- Kindly ensure that your mobile numbers are updated in school.
- Any change of Address, Telephone Number, etc. must be brought to the notice of Class Teacher immediately or the School Accounts Department through mail.
- Please ensure that you pay the school fees on time. To avoid any inconvenience, it is advisable to pay the fee before the 7th of the first month of every bi-month. For further details please contact the school accounts department.

Looking forward to your kind co-operation as always.

GLORY AT A GLANCE

MOUNT ABU SCHOOL RANKED AMONG TOP 5 SCHOOL IN NORTH DELHI LEADERS BY TIMES SCHOOL SURVEY 2021

Mount Abu School again set the benchmarks by securing Rank 4 in North Delhi Leaders in Times School Survey 2021 conducted by Times of India , a leading National Daily. The school is committed to excellence and has always imparted holistic education to the students.

MOUNT ABU SCHOOL RECOGNISED AS MICROSOFT SHOWCASE SCHOOL 2021 FOR FOURTH CONSECUTIVE YEAR

The school was declared as MICROSOFT SHOWCASE SCHOOL for 4th Year in a Row .. This unmatched glory reflects the school's commitment to drive a culture of learning, innovation, and continuous improvement. The achievement demonstrates the relentless efforts of the school to ensure technology enabled learning with a focus on being ready with 21st Century skills.

ACCOLADES IN EAT RIGHT CREATIVITY CHALLENGE

Yet another moment of glory was witnessed by Mount Abu School when Anamitra Behera, student of Grade 4 achieved ALL INDIA NATIONAL RANK 1 in Eat Right Creativity Challenge, organised by FSSAI, Ministry of Health & Family Welfare, Government of India. It is indeed a commendable feat. Also 2 out of 3 National Rank Holders from Delhi belong to Mount Abu School. Heartiest Congratulations to the Mount Abu School Team.

Our deepest gratitude & regards to Dr Joseph Emmanuel, Director (Academics) at Central Board of Secondary Education for virtually gracing #CulminationCeremony of Expressions 2021 - Reflections & Road Ahead : India@75





Delhi-110085

Sir blessed all participants with his pearls of wisdom and was full of appreciations for the Organising Committee. He appreciated innovative events and challenges organised under Inter School Festival.

Thank you sir for your gracious presence and valuable time.

Our sincere thanks to all schools, participants, teachers, parents across participating schools for their time & involvement. Take care, till we meet at Expressions 2022 - with fresh themes & challenges.



New initiatives

We at Mount Abu Public School have integrated central theme of India@75 with our curriculum, calendar and events to commemorate 75th Independence Year (15 August 2021 - 15 August 2022).

Unveiling our India@75 logo: The <u>Logo</u> represents a Charkha (Symbol of Indian Freedom Struggle) incorporating Ashok Charkha, 75th Independence Year and school logo.



SCHOOL LIBRARY IS NOW OPEN: Just 3 Simple Steps to get a book issued. Also, enjoy Virtual Reading Links being sent by Grade Teachers. Happy Reading



STUDENTS' ACCOMPLISHMENTS

Our young artists at Mount Abu Public School are advocating <u>Covid19</u> Vaccinations through their artwork, and are even integrating social message with folk Indian arts such as Madhubani and Kalamkari.



Delhi's First Astronomy Lab at Mount Abu Public School is doing wonders: Somewhere there two asteroids in space are product of this lab at Mount Abu Public School.

Always proud of our Nikhil Jha and Shubham Gupta. Nikhil Jha became youngest ever asteroid discoverer and a successful TedX Speaker. We wish both of them all the very best.

Manan Goswami of Mount Abu Public School also got selected to feature in an ad campaign initiated by Engage With Science, Department of Science & Technology - Govt of India. Manan's inquisitiveness to explore science got him a place in these ad campaigns.

Below is the link of his advertisement. https://youtu.be/jjZhoSn_7s0





Another student Priyanshi Kaushik got featured in an Ad Campaign initiated by Engage With Science - an Initiative of Department of Science & Technology, Govt of India.

https://youtu.be/iJNWHcnNvkM

Our student Aditya Bannerjee got featured in an ad campaign initiated by Engage With Science.

Department of Science & Technology, Government of India initiated Engage with Science for engaging students, teachers, principals and leaderships of schools to develop scientific temper and foster a culture of continuous learning as well as to bring science and technology to the forefront.

https://youtu.be/kaCqW_IFEDE

Parneet Singh of Mount Abu Public School has been selected among Top 100 ATL Tinkerpreneurs selected at National Level by Atal Innovation Mission, NITI Aayog.

He has successfully demonstrated an interesting integration of technological innovation and entrepreneurship.

ATL Tinkerpreneur Top 100 Students				MIT AND A 13
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GLOBAL CITIZENSHIP INITIATIVES

The school takes immense pride in the fact that it is the first school in the entire country have self-curated to curriculum for all grades.

In continuation of this feature, School celebrated the Annual Global Citizenship Week with the Language Exchange in collaboration with Embassy of Indonesia in India, on the occasion of the Hindi Diwas

Good Afternoon! Good Morning! श्भ दोपहर स्प्रभात Good Night! Good Evening! शुभ रात्री शुभ संध्या

. A special

ceremony was organized to inaugurate Hindi Language Classes for our Indonesian Friends

in India and to bring Hindi at a Global Stage with our Indonesian Friends.

We at Mount Abu Public School will be teaching Communicative Hindi to our Indonesian Friends in India. Classes will continue for next 2 months and will culminate around Diwali.

We extend sincere gratitude to Embassy of Indonesia in India for facilitating this unique collaboration.

In our first Hindi Language class for our Indonesian friends in India, our instructor introduced some basic greetings in Hindi.





The School continued its Global Citizenship journey and added another feather in its cap



by organising a Virtual Story
Telling Session on "The
Legend #RoroJonggrang - An
Indonesian Folk Lore"
performed by Story Teller Ms
Hida from High Scope
Schools, Indonesia.

Mr Muhammad Rizki Safary (Hon'ble Charges D'Affairs, Embassy of Indonesia in India), Ms Lestyani Yuniarsih (Hon'ble Education Attache, Embassy of Indonesia in India), Ms Antarina (CEO,

High Scope Schools Indonesia) and Ms Jyoti Arora (Principal, Mount Abu Public School Delhi) joined the ground-breaking ceremony.

We are thankful to Embassy of Indonesia in India & High Scope Schools, Indonesia for facilitating this brilliant exchange of ideas ,initiating this unique collaborative activities between two schools and two great nations. Many thanks to Ms Hida from High Scope Schools as she transported our young thinkers to another world of Roro Jonggrang. We thank Sopem Mahon for coordinating the entire show.

Teachers' Accomplishments

Ms Gurpreet Kaur, Head of Junior School was felicitated with Savitribai Phule Samman on the eve of TeachersDay2021.

The award, instituted by Indraprastha Schools Sahodaya & Delhi Sahodaya Schools



Complex, was presented Prof of presence Sinha Rakesh Ji (Hon'ble Member of Parliament - Rajya Sabha), Jaiprakash Chaturvedi Ji (Regional Officer, CBSE Delhi- West) and а galaxy eminent educationists from Delhi NCR.

Congratulations to our Special Educator Ms Aditi Vermani for being felicitated with Thinkzone's Awesome Educator Award

She believes in making students inquisitive so that they explore more and more. Congratulations!!



Dainik Jagran & YMCA felicitated Ms Vinita Nanda with Certificate of Excellence Award for her services in the field of education.

She is a great educator and has been successfully promoting Global Citizenship & Sustainability through various integrations.





Ms. Rannu Pathak, Senior School Coordinator & Political Science Facilitator was honoured with Dr Rajendra Prasad Award on the occasion of Teachers Day.

The award was conferred upon her by Eminent Educationist of India Association. Presence of Dr Surender Kumar (Head, Delhi School of Economics), Shri Ram Ji and other educationists graced the occasion.

Our tributes to Major Dhyan Chand Ji on his Birth Anniversary today.

Wishing every Indian a very Happy National Sports Day

https://www.facebook.com/MountAbuSchool/videos/1534470113612165/

Primary School educators conducted an interactive session for our support staff to raise awarness about healthy eating habits.

Educators pooled in resources to serve the community by distributing healthy food among kids.

CELEBRATION OF FESTIVALS

The School celebrated 10 Days of Ganesh Utsav with festive fun & frolic. Educators took out a Virtual Ganesh Utsav Procession with a beautiful Lord Ganesh Idol. The idol was sculpted by Visual Arts Department of the school. Lord Ganesha was treated like a guest for 10 days and was immersed in an eco-friendly way on the 10th day. May Lord bless us all with good health, prosperity and happiness.







Senior School students performed some soulful bhajans to pay respects to Lord Krishna on the ocassion of Janmasthami. Below is the link of melodious rendition of the bhajan as sung.



https://www.facebook.com/MountAbuSchool/videos/senior-school-students-performed-some-soulful-bhajans-to-pay-respects-to-lord-

kr/2951954321692696/?__so__=permalink&__rv__=related_videos

The school choir students Shreya Anand and Ammarissa Anna Baby sung the melodious Onam Song "Maveli Nadu Vaneedum Kalam" and Wished everyone a happy, safe and prosperous Onam.

https://www.facebook.com/MountAbuSchool/videos/652801332324149/



NATIONAL EVENTS

Felicitation of Frontline Worker Parents & Staff Members at Flag Hoisting Ceremony
The school invited Frontline Parents (Doctors, Police Force, Nurses etc), Vaccination Teams
& Covid Warrior Teachers as Special Guests for Flag Hoisting Ceremony on the occasion
of 75th Independence Day of India. Our heartfelt gratitude and respect to all Frontliners,



Vaccination Teams & Teachers for their duties to the nation.





In order to mark Indian Independence Day (15 August 2021) and Indonesian National Day (17 August 2021), Embassy of Indonesia in New Delhi invited Mount Abu Public



School IN to enact Ramayana (An Epic connecting India IN & Indonesia ID) through ancient Indian form of puppetry "Kathputli".

Joined by Ms Lestyani Yuniarsih from Embassy of Indonesia in India, Ms Antarina (CEO, High Scope Schools Indonesia), Ms Upie Naimah (Leadership, High Scope Schools Indonesia) and students of High Scope Schools Indonesia, the story telling session witnessed puppets displaying the legend of Ramayana. Do you know that #Ramayana is an equally celebrated epic in Indonesia?

Thanks to Ms Deepti Chibber & Ms Ajit Kaur for taking Indonesian kids back to the time when the good defeated evil

and Ms Gurpreet Kaur & Ms Vinita Nanda for facilitating the entire show.

Our special regards to our GlobalCitizenship partners Embassy of Indonesia in India & High Scope Schools for their friendship, partnership and love





Mount Abu Public School has successfully

participated in Rashtragaan : An Initiative of the Ministry Of Culture to mark Azadi Ke Amrit Mahotsav and India@75



Performing Arts Students of Mount Abu Public School produced an artwork to Cheer for India's contingent at Tokyo Olympics 2021.

Watch how beautifully students have depicted Olympic Sports with their dance movements and hand gestures.

As Tokyo Olympics 2021 begins tomorrow, we at Mount Abu Public School are confident that India will make us proud. ₹Go Shine India ₹₹

Dance Performed by:

Deepti Singh (Kathak)

Charu Gupta (Manipuri)

Nitya Mehra (Mohiniyattam)

Prisha Jain (Odissi)

Akshra Chauhan (Bharatnatyam)

Video & Music choreographed and produced by Performing Arts Department, Mount Abu Public School

Few glimpses are attached and the link for the whole video is given below:

https://www.facebook.com/MountAbuSchool/videos/1498423707164287/





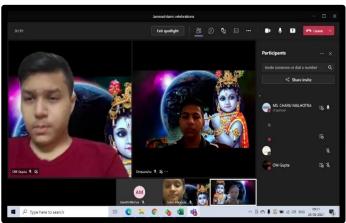


ASSEMBLIES

SPECIAL ASSEMBLY ON JANAMASHTAMI

"Do everything you have to do, but not with greed, not with ego, not with lust, not with envy but with love, compassion, humility and devotion." - Lord Krishna'

Senior wing celebrated the auspicious born day of lord Krishna with great pomp and show on August 28,2021. The day observed gala of diverse activities. Students recited sacred and insightful hymns cited by lord Krishna. Besides, students showcased birth and vital events of Krishna's life through moving pictures. Videos were totally a treat to eyes as it helped revive all the core events of Krishna's life. The day was infused with aura of purity and sanctity. Children imbibed essential moral values. It was then culminated with lots of learning about life and the moral values.





SPECIAL ASSEMBLY ON TEACHERS DAY

"The true teachers are those who help us think for ourselves." - Dr Sarvepalli Radhakrishnan

Teachers' Day was celebrated by the senior wing of Mount Abu Public School, with a lot of gaiety and enthusiasm as the whole country observes this day as the birth day of Dr.



Sarvepalli Radhakrishnan to pay respect and reverence towards him. On this occasion, the students of our school expressed their gratitude and appreciation for their teachers through such unique vista of performances. The programme started with the dance performance by Deepti of class XII on the song which is the very essence of the day I.e. 'Gurur Vandana'. It was then followed by a mellifluous song by the members of

school choir. Keeping aura of the day in mind, a short video which was a compilation of such a beautiful expression of words from the children to their teachers. Enhancing the beauty of the day, a musical rendition with band resonated for the love of students for the teachers. Knots of words in the form of mélange of dance & drama was then presented by students of class XII



which was truly entertaining and ingrained with love. The event was then enlightened with Madam Principal's address in which she highlighted upon the need to become a teacher of 21st century as well as the significance of a teacher in a society.

NATIONAL SPORTS DAY

On 28 August 2021, Class 12 B conducted the morning assembly on National Sports Day to educate all about the importance of Sports in our lives. The assembly started by remembering the almighty and taking his blessings. It was followed by a pledge on "Save Environment and Stop using Plastic" by Ms. Ragini Aggarwal which aimed to spread awareness among all about the need to conserve our Environment. To illuminate the gathering about National Sports Day and significance of sports in our lives, Muskan Kalra gave an incredible speech related to the topic covering points like why sports are important, India's initiatives to promote sports and threw some light on achievements of Indian hockey player, Dhyanchand. After this, Jasmin organised a Quiz to look over the knowledge of students and teachers on National Sports Day which included questions related to life and career of Dhyanchand, and the top three winners were: Bhaumik, Chehak and Aditya. This was followed by a self composed poem by Shatakshi using whiteboard animation which arrayed many sports persons and achievements. To sensitize people more about the importance of Sports in one's life, an exclusive talk show was presented by Kanika named Koffee with Kanika, wherein some famous sports personalities were interviewed including Mirabai Chanu and Neeraj Chopra. Mr. Lakshay gave an erudite speech on Sports and its significance and thanked all the teachers and Madam Principal for encouraging children to indulge in sports







INDEPENDENCE DAY

The Mount Abu family celebrated 74th independence day on 13th August with full enthusiasm and zeal. The celebration started with a mesmerizing song by the students of classes 6-8 which awakened the patriotic emotion in everyone. Following this was a verselet presented by students of class 10th showcasing the hardships faced by our brave soldiers on the border to safeguard their country. A showcase of everyday heroes was presented by class 9th students which instilled an instant endearment for all those who work for the prosperity of our society. This sublime act was followed by an engrossing dance performance by the students of class 6-8 called Hold onto truth to mark the substantial contribution of Mahatma Gandhi in making India free from the



gratuitous rule of East India Company. Deep feelings of patriotism were woven winsomely into a poem by Aingel of class 11 which got the thrilling voice of Mishika Gupta of class 12 and beautifully presented by Shatakshi of class 12. The celebration got its charm by Principal Ms. Jyoti Arora mam's words of wisdom which made zealous towards everyone their responsibility as a citizen of India. Madam principal emphasised on the importance of preamble and apprised the students about each line of preamble of Indian constitution. Madam principal, on this auspicious day, swayed the students to protect the dignity of the country and abide by the rules and regulations laid by the Indian constitution.

"The corridors of Indian freedom" a talk by the students of class 11 on the iconic locations that carry a memory of struggle for freedom was presented which wowed the

gathering. A mime act on the topic "we're one" was presented by the students of class 8 which unveiled some talented budding actors from our school. Following that was an engaging performance by students of grade 7 presenting the saga of 14 presidents of india who worked scrupulously for the betterment of our nation. A tribute to the soldiers, who serves for the country selflessly and are the greatest assets of our country, was presented by Shaurya Ayush of class 6 which evoked a keen sense of patriotism in all. Vande Mataram is not just a song but an emotion for all



Indians, and to awaken the feeling of patriotism, all the students, teachers and coordinators sang the national song Vande Mataram with high psyche At the end, a vote

of thanks was presented by Deepti Singh of class 12 to express her gratitude to all those who made this special event a big success.

HIROSHIMA DAY

"May the suffering, stories and resilience of survivors unite us in action to free the world of nuclear weapons. On the 76th anniversary of the atomic bombing of Hiroshima, let's recall and reaffirm our commitment to peace, never forget the victims, never forget history." UNESCO

The students of XI D showed the audience, a way to peace by conducting an assembly



which happened 76 years ago through a student's talk in which the whole incident was explained briefly followed by short interview with the survivors in which they answered in few words but made a huge

on 6 August 2021 on the topic - Hiroshima Day. Considering the assembly's topic, the information was shared to the audience about the disastrous tragedy in Hiroshima



impact in our expectations by describing every moment in detail. Those words hit very hard to the bottom of our hearts. Our guest from UNEP, Ms. Preeti Arora appreciated the efforts made by the students of XI D by saying glorious and motivating words and also introduced an event held under UNEP.

INTERNATIONAL FRIENDSHIP DAY

"I would rather walk with a friend in the dark, than alone in the light."— Helen Keller

The students of class XI C conducted their class assembly on 30th July 2021. The topic

of the assembly was 'International Friendship Day'. It was followed by a refreshing quote, thoughtful words and information about international friendship day, a mesmerising poem, an edifying video and culminated by paying tribute to the nation. Thirty minutes on the wall clock worth ideas and creativity of the students, marked by collaboration and guidance of the teachers made the assembly a successful event.



WORLD CONSERVATION DAY

"Love and care for Earth and it will care for you more".

The students of class XI B conducted their class assembly on 23rd July 2021. The topic of the assembly was 'World Nature Conservation Day'. The assembly commenced with the Morning Prayer which is believed to provide peace and serenity to our minds and souls. It was followed by a refreshing quote, thoughtful words and information about

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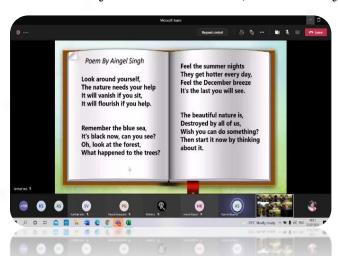
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collaboration and guidance of the teachers made the assembly a successful event.

world conservation day, an insightful special performance, an awakening poem and concluded by paying tribute to the nation. Forty minutes on clock worth ideas and creativity of the students, marked by





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WORLD DAY OF INTERNATIONAL JUSTICE

"Injustice anywhere is a threat to justice everywhere" ~ Martin Luther King Jr



The school organised an assembly on the occasion of the World Day of International Justice to commemorate the adoption of the treaty which established the International Court of Criminal Justice on 16th of July 2021 through the virtual medium. The school aimed to equip students with the required information that will help them approach any legal measures in case they face any injustice and spread awareness among them about the justice institutions. The assembly

featured an educational video, which presented the audience with various accounts of injustices faced by people and a quiz, which saw active and avid participation of the students. This was succeeded by the students talk, the opinions of the speaker were thought provoking and enlightened everyone present in the gathering.

SPORTS JOURNALISM DAY AND VAN MAHOTSAV

Senior wing of Mount Abu Public School, Sector 5, Rohini conducted special assembly to recognize **Sports Journalism Day**. It is an international day which is celebrated on 2 of every July to acknowledge the work of sports journalists & to encourage them to do



everyone to take care of the environment in his informative student's talk. It was then followed by an informative and interactive quiz by Shreyans garg. He asked several questions and tested the students' knowledge on the topic sports journalism and Van Mahotsav which witnessed enthusiastic participation from audience.

Mahotsa which is observed from 1st July to 7th July to create awareness among the people for the conservation of forests and planting of new trees. Students' talk highlighted the meaningful thoughts of the day were articulated by Sarthak bansal who shed light upon the importance of sports journalists and also he urged



LIFE SKILL SESSIONS

LIFE SKILL SESSION ON WASTE MANAGEMENT

"Waste is not waste until we waste it"

A great initiative was taken by Mount Abu Public School's Principal Jyoti Arora ma'am and the Senior Coordinator Ms. Rannu Pathak Ma'am by organizing the 'Waste



Management Session' for the students of classes XI-XII on 28th August 2021 which was presented by the students of class 11th. The session began with learning about some statistics regarding the waste produced which made the participants understand how serious the problem of waste management really is. The presenters explained how waste possess a threat to humankind and the hazards caused by it's poor management. The

of South Delhi Municipal corporation has created this park using 80 tonnes of waste which was truly fascinating. Towards the end of the session two best out of waste activities were demonstrated namely bookmark making and cd coasters. Waste management surely is essential in today's society. Due to an increase in population, the generation of waste is getting doubled day by day. Moreover, the increase in waste is affecting the lives of many people which



has been looked upon as a global issue. The session surely enhanced the knowledge of the participants and educated them about various ways through which they can make smarter and sustainable choices in daily life for the better. Certainly, it was a very informative session for everyone.

LIFE SKILL SESSION ON KITCHEN GARDENING "Gardens add years to your life and life to your years"

A great initiative was taken by Mount Abu Public School's Principal Jyoti Arora ma'am and the Senior Coordinator Ms. Rannu Pathak ma'am by organizing the 'Kitchen Gardening Session' for the students of Classes XI-XII on 31st July 2021 which was presented by the students of class 11th. Consuming polished and adulterated fruits and vegetables ruins our health.



Incorporating the skill taught in this session will help students eat healthier and live better. The session began with an interactive quiz in which active participation was seen by the teachers and students. In the session, students were acquainted with the knowledge of how to grow various vegetables and fruits at home like lemon, ginger, cherry tomatoes,



beetroot. presenters also shared DIYs about how to protect plants, make fertilizer at home, recycle a plastic bottle into a beautiful flowerpot and make our own cemented pots home. The session surely enhanced the knowledge of the participants and broadened their perspective towards gardening. Having

kitchen garden is a lifesaver indeed, as it assures us about the quality and source of what we consume to nourish our body. Certainly, it was a very informative session for everyone.

VEHICLE MAINTENANCE

"Take care of your car in the garage, and the car will take care of you on the road."

A great initiative was taken by Mount Abu Public School's Principal Jyoti Arora ma'am

and the Senior Coordinator Ms. Rannu Pathak ma'am by organizing the 'Vehicle maintenance webinar' for the students of classes XI-XII on 23rd July 2021 which was presented by the students of class XI and XII. The participants of the session got to know the fundamentals of vehicle maintenance and how they can help themselves in case of an emergency (if a tire gets punctured, or keys get stuck inside the car). The speakers also





demonstrated methods by which everyone can take proper care of the vehicles they own and minimize the damage caused to them by daily errands. The expertise gained by the students from the session will surely help them take better care of their vehicles and will help them act smarter in future emergencies. Active participation was also observed by the students in the interactive quiz which took place towards the end of the session. It was an interesting session as many teachers shared their experiences with vehicles towards the end of the session. Indeed, it was a very didactic session for all

the students as they will be driving their vehicles soon.

HOW TO PACK A LIGHT TRAVEL BAG

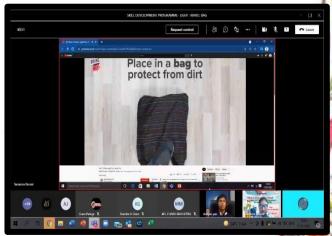
" He who would travel happily MUST travel light. "

A great initiative was taken by Mount Abu Public School's Principal Jyoti Arora ma'am and the Senior Coordinator Ms. Rannu Pathak ma'am by organizing the 'How to pack a



light travel bag awareness webinar' for the students of classes XI-XII on 17th July 2021 Students packaging skills were polished through this session which will help them pack smarter during future travels. In the session, students were acquainted with the knowledge of how to pack luggage lightly, wisely, smartly, how to plan a tour, what to carry on the tour, what not to carry on the tour, and how to keep the travel bag light without compromising on all the required

stuff. The resource person imbibed his knowledge about travel packing on the basis of his experiences. A live demonstration of smart packing skills was demonstrated also demonstrated by the resource person. The expertise gained by the students from the session will surely help them act smart next time they travel. Active participation was also observed as students who shared their traveling experiences towards the end of the session. Packing luggage for the tour itself is



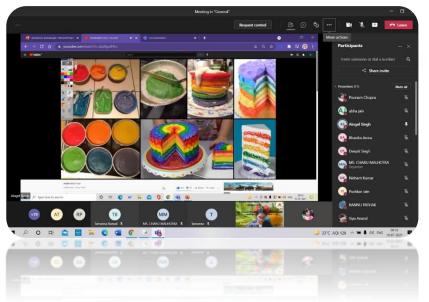
a skill indeed. Certainly, it was a very informative session for everyone who tends to overpack and carry the heavy backpack all throughout the travel.



FOOD ADULTERATION AWARENESS

"Pure food should be a right, not a privilege"

A great initiative was taken by Mount Abu Public School's Principal Jyoti Arora ma'am and the Senior Coordinator Ms. Rannu Pathak ma'am for organizing the food adulteration awareness webinar' for the students of classes XI-XII on 10th July 2021. The webinar was presented by the student of grades 11th and 12th, who threw some light on the topic of food adulteration. In the session, students were given acquainted with information regarding what exactly is adulteration, how it is harmful to



humankind, how adulteration is done and how can distinguish between they adulterated and non-adulterated food items but conducting some simple tests. The speakers demonstrated how we can check if the food we are consuming daily is adulterated. or The pure knowledge gained the participants of the session will help them act smart next time they buy another food item by checking if it is adulterated beforehand, which can save them

and their loved ones from falling sick. Active participation was also observed by the students in the interactive quiz which took place towards the end of the session. At the end of the session, the senior coordinator Ms. Rannu Pathak ma'am enlightened the student with her words of wisdom. Indeed, it was a very informative session for everyone as food adulteration is a fatal problem, it should not be continued for a long time and the only solution to this deep-rooted problem is awareness.



