

GENERAL INFORMATION

S.No.	Particulars	Detailed Information
1	Name of the Championship	CBSE NATIONAL YOGA CHAMPIONSHIP 2022-23
2	Name of the Organising School	Mount Abu Public School
3	Address of the School Google Map Link:	Sector -5, Rohini, Delhi - 110085 https://maps.app.goo.gl/G8GeoGoHvDoRSSwHA
4	Email ID of the School	cbseyoganational@gmail.com
5	Website of the School	www.mountabuschool.com
6	Location of the School	Enclosed
7	Name of the Principal	Mrs. Jyoti Arora Contact No: 011-27041516, 011-27931819
8	Contact Person	Mr. Chandan Kumar(9873128710), Ms.Minoo Bhatia (9899933269)
9	Contact No. of the Reception of the School	011- 27041516, 011-27931819
10	Venue of the Tournament	School Campus
11	Dates of Tournament	Monday, 9 January to 11 January November 2023
12	Reporting Date & time at the Venue	Sunday, 8 January Time: 12:00 pm
13	Meeting with Team Managers & Officials	Sunday, 8 January at 03:00pm Venue: School Campus
14	Closing Ceremony	Tentatively by 5:00 p.m. on 11 January, 2023.
15	Lodging & Boarding	Meals: <ul style="list-style-type: none"> Rs. 350/- per person/per day. Refund of Boarding & Lodging Charges will not be made <u>Accommodation:</u> <ul style="list-style-type: none"> Teams will be provided accommodation in the School Premises,separately for boys and girls. The Teams will be responsible for their belongings and are advised <i>not</i> to carry any jewellery, mobile, hard cash or anyother valuable items. Teams will be provided mattress, pillow & Bed Sheet. Kindly bring blankets / coverlets / pull overs sheets alongwith your toiletries.

	Security Deposit & Other Payments	Security Deposit: □ A security deposit of Rs. 2000/- will be taken on arrival from each team which is refundable. In case there is any loss/damage done by the team, the appropriate amount shall be deducted from the security deposit and information will be sent to the respective school and CBSE Headquarters.	
16	Essentials	<ul style="list-style-type: none"> • <u>CBSE Sports Fee Receipt:</u> • The organizing school (Mount Abu Public School) will not accept any entry without the proof of payment of CBSE Annual Sports Fee 2022-23. • The Team having girls as participants must have a Lady Teacher as a chaperon/escort. • In case a player is on medication he/she should bring his own medicines. 	
17	Eligibility, Rules & Regulations:	<ul style="list-style-type: none"> • The eligibility of the participants will be as per norms of the CBSE and results received from the host at zonal level yoga championship. • The competition will be conducted according to the rules framed by CBSE. 	
18	AGE GROUPS:	1. Under 14 years: Born on or after 01.01.2009 2. Under 19 years: Born on or after 01.01.2004	
19	Deadlines	consent forms : 30 December 2022	Last date for receiving
		entry forms : 30 December 2022	Last date for receiving
		Travel Plans & Accommodation Details : 30 December 2022	
20	Yoga mat	It is compulsory for the participant to bring the yoga mat.	

THE DETAIL ROUTE CHART TO THE HOST SCHOOL AND BASIC INFORMATION ABOUT DELHI CITY

1. Airport

Indira Gandhi Airport : 27km

2. Railway Station

- a. Sarai Rohilla Station : 11km
- b. Old Delhi Railway Station : 22km
- c. New Delhi Railway Station : 16km
- d. Hazrat Nizamuddin Railway Station : 32 km
- e. Delhi Cantt. Railway Station : 17 Km
- f. Anand Vihar Railway Station : 32 Km

PLACE OF DE-BOARDING	DISTANCE FROM SCHOOL (APPROX)	TENTATIVE FARE IN INR (TAXI/AUTO)
New Delhi Railway Station	16 KM	250-310
Old Delhi Railway Station	22 KM	280- 350
Hazrat Nizamuddin Railway Station	32 KM	350-430
Sarai Rohilla Railway Station	11 KM	180-220
Delhi Cantt. Railway Station	17 KM	240-300
ISBT, Kashmire Gate, Bus Terminal	21 KM	260-340
Sarai Kale Khan, Bus Terminal	35 KM	360-460
Anand Vihar, Bus Terminal	32 KM	350-450
Indira Gandhi International Airport	27 KM	200-260

3. Nearest Bus Stand

ISBT, Kashmire Gate Bus Terminal : 21km

4. Other Bus Stands in Delhi and their distance from Venue school:

- a. Sarai Kale Khan, Bus Terminal : 35km from the host school
- b. Anand Vihar Bus Terminal : 31km from the host school

5. City Bus Facilities

- a. From Railway Station
- b. From Bus Stand

6. Metro connectivity are available to the host school from airport and all railway stations and bus stands available to the host school.

Nearest Metro Station -Rohini West

7. Prepaid Auto Rickshaw/Taxi facilities are available from Airport, Railway Station and Bus Stand.

8. Radio Taxi available in Delhi City are

OLA

UBER

Meru Radio Cabs

9. To know more about Delhi City please log on to www.delhihelp.com or www.delhitourism.nic.in

10. To know more about low budget hotels in Delhi please log on to http://www.delhitourism.gov.in/delhitourism/accommodation/budget_eco_hotel.jsp